



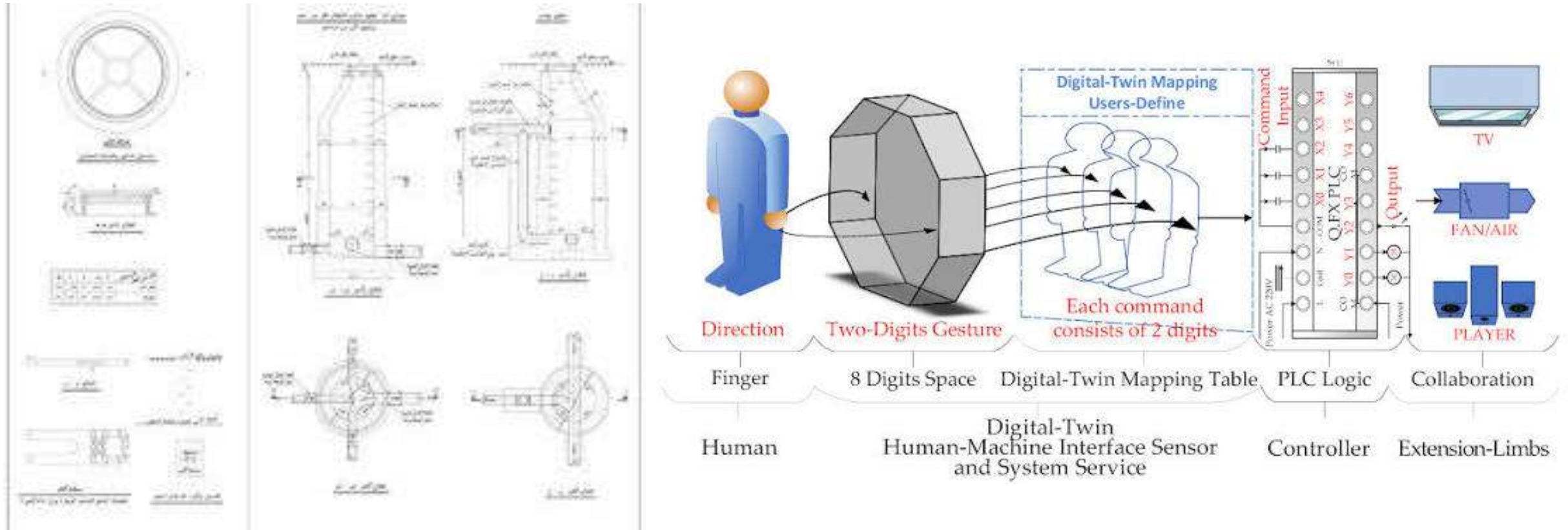
"Process Safety to Digital Innovation: Knowledge Sharing Strategies for Occupational Safety and Health in Modern Engineering"



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West Yangon Technological University

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Saturday

SECTION 1: Opening & Context Setting

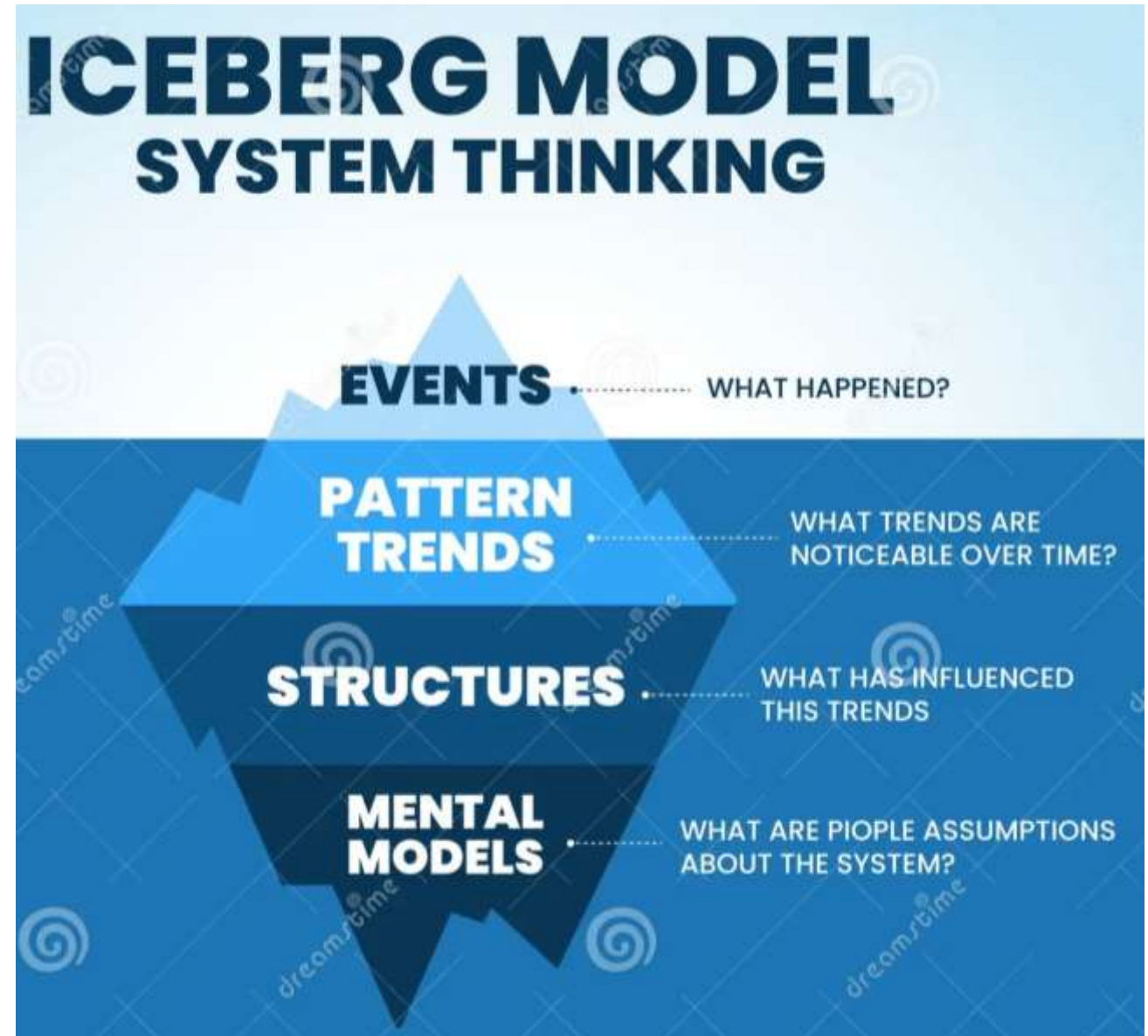


"Today we explore a critical question: how do we ensure that the rapid digitalization of our industry strengthens, rather than undermines, process safety culture? We will examine evidence-based strategies for making safety knowledge accessible to every engineer."

The Knowledge Gap Problem

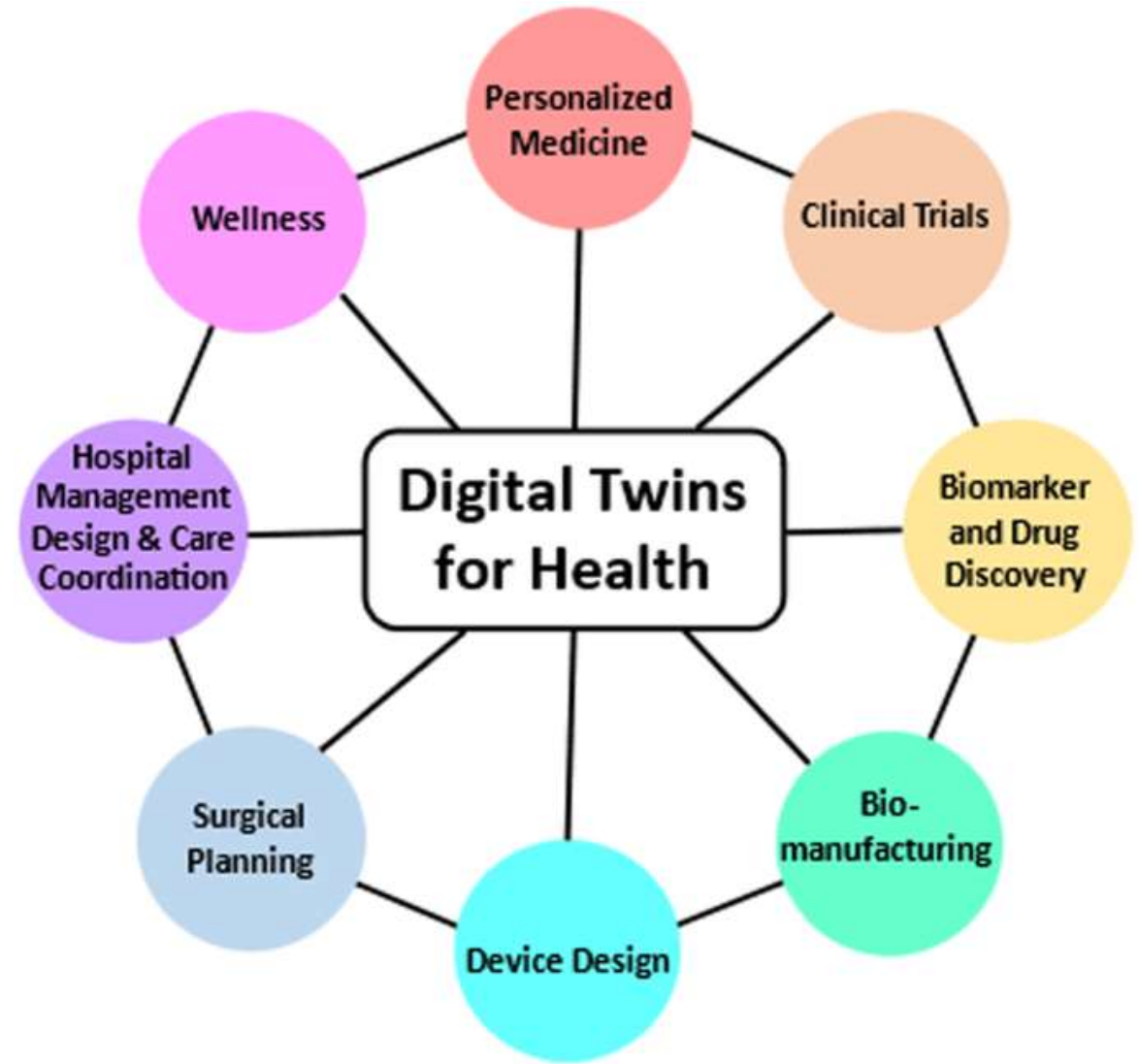
- ❖ Knowledge is fragmented across disciplines and experience levels
- ❖ Critical insights reside in the heads of senior engineers
- ❖ Junior engineers lack access to "lessons learned"
- ❖ Result: Organizations repeat preventable mistakes

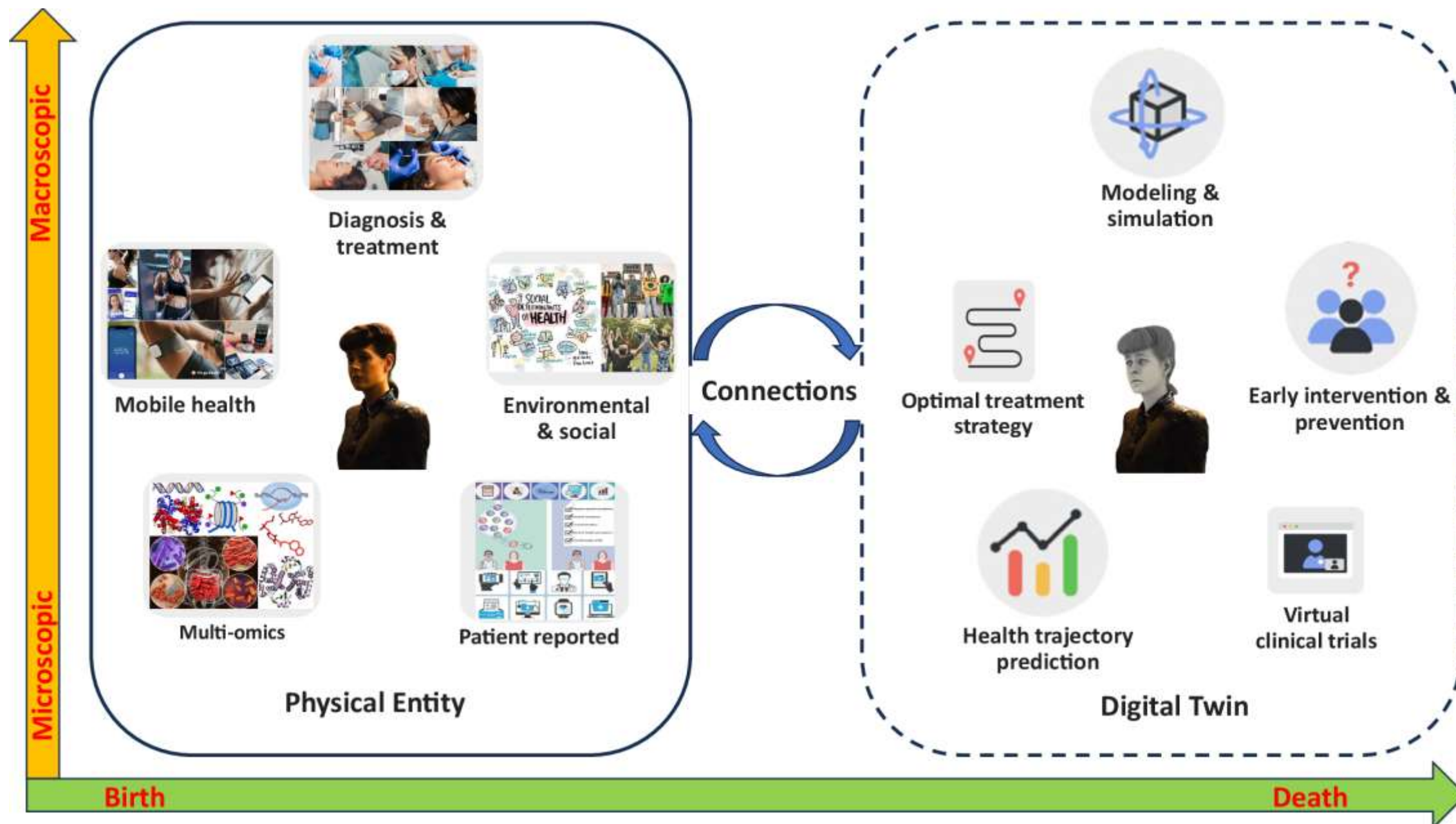
References: AIChE Spring Meeting 2024, Elsevier partnership on process safety knowledge tools.

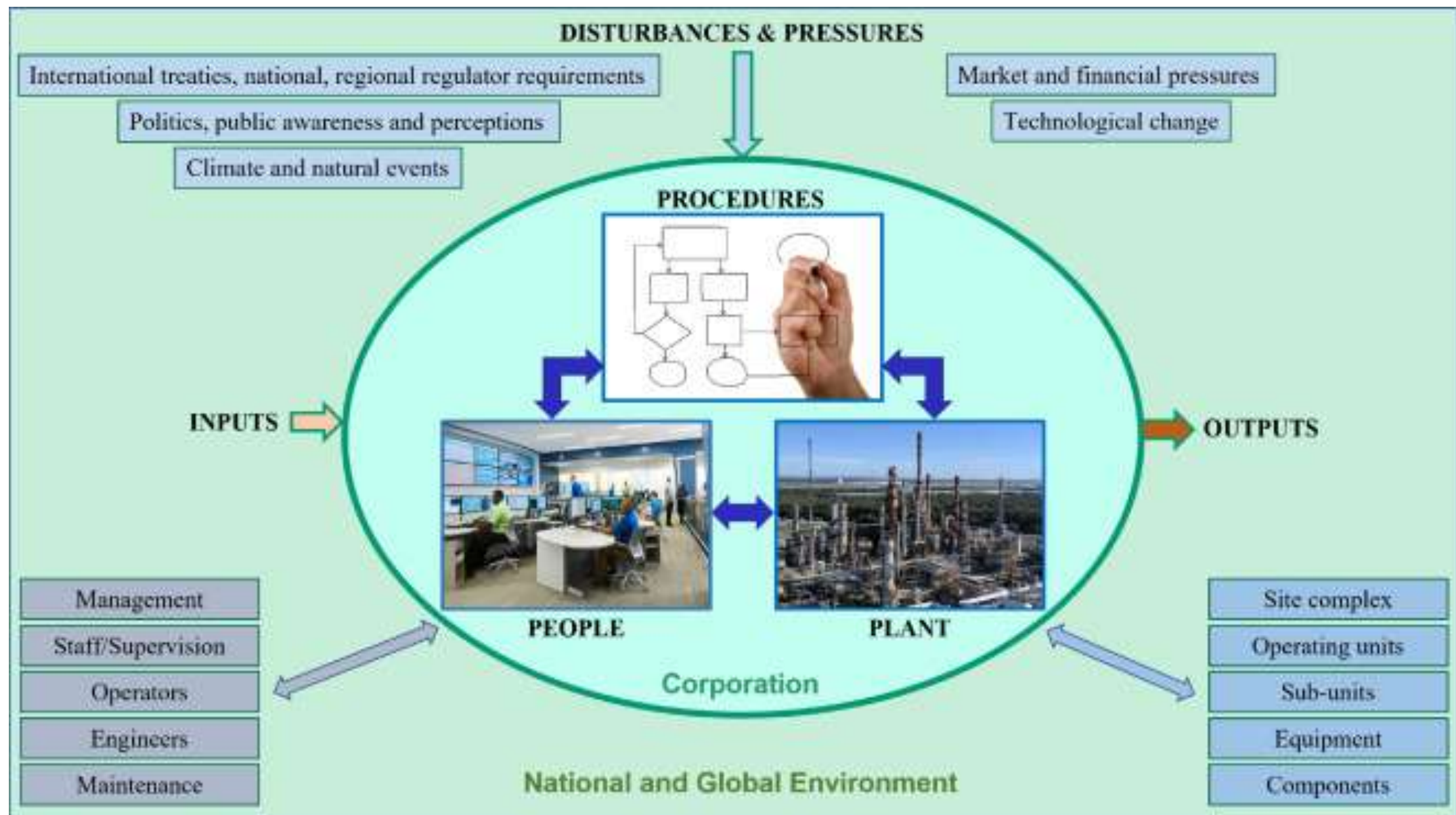


The Digital Paradox

- ❖ We have adopted: AI, Digital Twins, IoT Sensors, BIM
- ❖ Challenge: More data $\neq$ Better safety culture
- ❖ Information overload leads to cognitive fatigue
- ❖ Digital tools must serve the engineer, not overwhelm them









SAFETY POLICY

Our Commitment to a Safe Workplace

WHAT IS A SAFETY POLICY?
A safety policy is a formal statement by management that outlines the organization's commitment to protecting the health, safety, and employees, contractors, and visitors.

KEY OBJECTIVES

- Prevent accidents and occupational injuries
- Provide safe and healthy working conditions
- Comply with legal and regulatory requirements
- Continuously improve safety performance
- Promote a positive safety culture

MANAGEMENT RESPONSIBILITIES

- Provide necessary resources and training
- Ensure safe systems of work
- Conduct risk assessments
- Monitor and review safety performance

EMPLOYEE RESPONSIBILITIES

- Follow safety rules and procedures
- Use PPE correctly
- Report hazards and incidents
- Participate in safety programs

IMPORTANT
Safety is everyone's responsibility — from top management to frontline workers.

SAFETY BASIT

"Regular Audits Build a Safer Workplace."



SAFETY WORK OBSERVATION

Proactive Safety Culture for a Safer Workplace





HOW TO CONDUCT SWO:

- 1 OBSERVE WORK PRACTICES**

- 2 PROVIDE IMMEDIATE FEEDBACK**
 ✓ Coach or correct unsafe practices on the spot
- 3 ENCOURAGE SAFE BEHAVIOR**
 ✓ Acknowledge and praise workers for safe actions
- 4 REPORT AND FOLLOW UP**
 ✓ Document findings, follow up on corrective actions


KEY FOCUS AREAS FOR SWO:

- ✓ PPE Compliance
- ✓ Housekeeping
- ✓ Use of Tools & Equipment
- ✓ Lifting & Manual Handling
- ✓ Working at Height



ALWAYS...

- ✓ Be Respectful and Positive
- ✓ Focus on Corrective Measures
- ✓ Praise Safe Actions
- ✓ Address Unsafe Practices Constructively

Observe. Correct. Encourage. Report for Safety!

#SafetyWithBasit
#SCBA #RespiratoryProtection #SafetyFirst



THE 5-SECOND SAFETY RULE

STOP, LOOK, THINK, ACT

TAKE 5 SECONDS TODAY - SAVE A LIFE TOMORROW



MOST ACCIDENTS HAPPEN BECAUSE WE DON'T TAKE TIME TO THINK!
BEFORE STARTING ANY WORK, TAKE JUST 5 SECONDS.

1 STOP



Pause before starting the task.



2 LOOK



Check for hazards around you.

- Slips, trips, and falls
- Moving equipment
- Electrical hazards
- Falling objects
- Unsafe conditions



3 THINK



Ask yourself:

- What can go wrong?
- Do I have the correct PPE?
- Is the area safe?
- Do I understand the task?



4 ACT



If everything is safe, proceed with the work.
If not, stop and report the hazard.



REAL-LIFE EXAMPLE

A worker was about to use a ladder but took 5 seconds to inspect it. He discovered a cracked rung. He prevented a serious fall accident.



BENEFITS OF THE 5-SECOND RULE



Prevents accidents



Improves hazard awareness



Encourages safe behavior



Protects workers and equipment



Builds a strong safety culture

SAFETY STARTS WITH YOU!
 A FEW SECONDS OF ATTENTION CAN PREVENT A LIFETIME OF REGRET.

DO YOU PRACTICE THE 5-SECOND SAFETY RULE BEFORE STARTING WORK?

SHARE THIS POST
AND REMIND OTHERS.





SAFETY FIRST
THINK SAFE. WORK SAFE. GO HOME SAFE.

YOUR FAMILY IS WAITING FOR YOU.



**SAFE TODAY
ALIVE TOMORROW**

KNOW THE DIFFERENCE ACT SAFELY



UNSAFE CONDITION



- Broken guardrails
- Poor lighting
- Oil spill on walkway



UNSAFE ACT



- Not wearing a helmet
- Climbing without harness
- Ignoring lockout/tagout



SAFE OBSERVATION



- Wearing full PPE
- Reporting a hazard
- Keeping exits clear

RECOGNIZE. REPORT. REACT.



**A safer workplace
starts with you.**



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CAUSES OF ACCIDENTS

**Most accidents happen due to unsafe acts and unsafe conditions.
Stay alert and follow procedures.**

UNSAFE ACTS



- Not Wearing PPE



- Ignoring Safety Rules



- Horseplay & Rushing

UNSAFE CONDITIONS



- Wet or Slippery Floors



- Faulty Equipment



- Poor Housekeeping



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STAY ALERT • WORK SAFE • FOLLOW PROCEDURES



Which Worker Are You?



Don't Care About Safety

Care About Safety

Don't Know About Safety



Don't Know, Don't Care



Untrained

Know About Safety



Complacent / Irresponsible



Trained and Responsible

WHY HSE STOPS WORK?

TO PREVENT ACCIDENTS & SAVE LIVES!

1. IMMINENT DANGER TO LIFE OR HEALTH

Risk of Serious Injury or Death

- No Fall Protection
- Unsafe Excavation
- Unsafe Excavation
- Live Electrical Work
- Suspended Loads
- Suspended Loads



2. LEGAL & REGULATORY VIOLATIONS

Against Safety Rules & Laws

- No Permit to Work
- Invalid Certificates
- No Permit to Work
- Unauthorized Road Closure



3. HIGH-RISK WORK UNCONTROLLED

Unsafe Acts, No Safety Measures

- No PPE
- Untrained Workers
- Faulty Equipment
- Paying Work



4. IGNORED SAFETY WARNINGS

Repeated Violations

- Repeat Offenses
- Ignoring HSE Instructions
- NCRs Not Closed



5. PROTECTING COMPANY & PROJECT

Avoid Big Accidents & Delays

- Reputation Risk
- Insurance Issues
- Project Shutdown
- Trust Much More



UNSAFE WORK TODAY = ACCIDENT TOMORROW!

Shared Safety Intelligence

- ❖ Goal: Bidirectional knowledge flow across all engineers
- ❖ All engineers are both teachers and learners
- ❖ Digital innovation must enable collaboration, not replace judgment



Occupational Safety and Health Management System

According to ISO 45001



TYPES OF SAFETY

OCCUPATIONAL SAFETY



Protecting workers from hazards at the workplace
Eg: Properly erected scaffolding to prevent falls on a construction site

PROCESS SAFETY



Preventing major incidents related to hazardous processes or equipment
Eg: Implementing H₂S monitoring in oil & gas facilities

FIRE SAFETY



Prevention, detection, and response to fire hazards
Eg: Installing smoke detectors and conducting fire drills at the workplace

ELECTRICAL SAFETY



Protecting workers and equipment from electrical hazards
Eg: Re-energizing a panel before maintenance to avoid electrocution

CHEMICAL SAFETY



Safe handling, storage, and disposal of hazardous chemicals
Eg: Storing acids and alkalis separately in a chemical warehouse

ENVIRONMENTAL SAFETY



Protecting the environment from workplace activities
Eg: Installing oil-water separators to prevent contamination

ERGONOMIC SAFETY



Reducing strain and fatigue-related injuries
Eg: Using mechanical aids instead of lifting heavy loads manually

ROAD & TRANSPORT SAFETY



Preventing vehicle-related incidents
Eg: Ensuring seatbelt use and speed control in company vehicles

RADIATION SAFETY



Protection from ionizing and non-ionizing radiation
Eg: Following safety protocols during NDT radiography

MACHINE & EQUIPMENT SAFETY



Safe operation and maintenance of machinery
Eg: Using lockout systems before repairing a conveyor belt

Understanding Key Safety Performance Indicators (KPIs) in EHS

For Oil & Gas, Chemicals & Industrial Sites

Measuring safety performance is essential in EHS to drive continuous improvement. Here are the most important safety metrics every EHS professional should know:

FR Frequency Rate (FR)

$$FR = \frac{\text{Number of Lost Time Injuries} \times 1,000,000}{\text{Total Man-Hours Worked}}$$

- Shows how often Lost Time Injuries (LTI) occur per 1 million man-hours.

SR Severity Rate (SR)

$$SR = \frac{\text{Total Lost Workdays} \times 1,000,000}{\text{Total Man-Hours Worked}}$$

- Indicates how severe the injuries are based on total days.

IR Incidence Rate (IR) - OSHA Method

$$IR = \frac{\text{Total Recordable Cases} \times 200,000}{\text{Total Man-Hours Worked}}$$

200,000 represents 100 employees working 40 hours per 50 work weeks

- Used to compare safety performance across organizations.

FSI Frequency Severity Index (FSI)

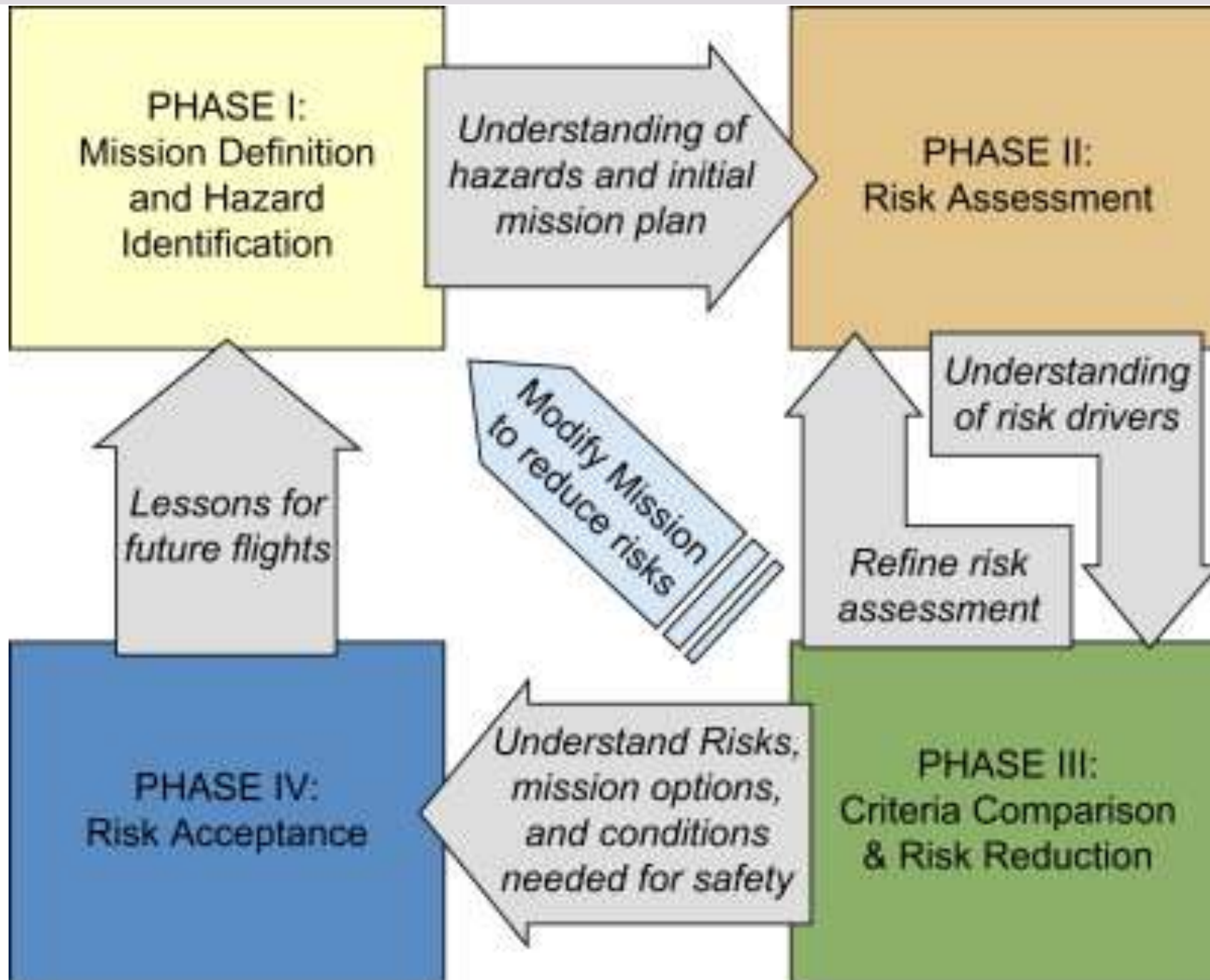
$$FSI = \sqrt{\text{Frequency Rate} \times \text{Severity Rate}}$$

- Provides a combined safety performance indicator.

"What gets measured gets managed."

#Safety #EHS #IndustrialSafety #ISO45001 #SafetyKPIs

Overview of Safety Risk Management



SECTION 2: Strategy Pillar 1 – Capturing Tacit Knowledge

The Tacit Knowledge Challenge

- ❖ Tacit knowledge: "Unconscious competence" of experienced engineers
- ❖ Traditional methods: static lessons-learned documents
- ❖ Problem: Static information fails to capture context and rationale

TACIT VS EXPLICIT KNOWLEDGE

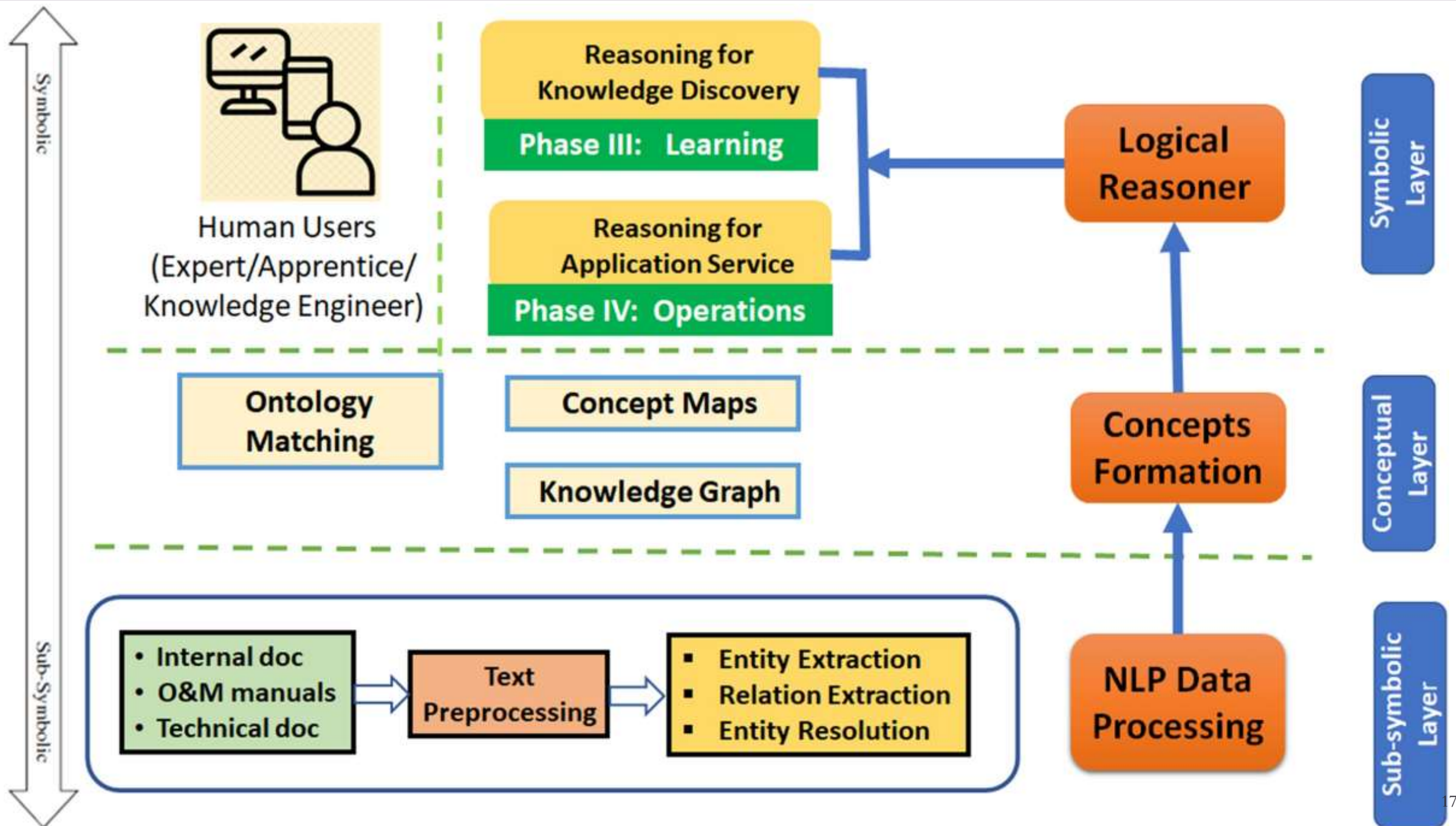
- Manuals
- Documents
- Procedures
- How-to-guide
- Videos



- Databases
- Memos
- Notes
- Records

- Individual skills
- Expertise
- Education
- Experience
- Ideas
- Insights

- Intuition
- Observations
- Cultural beliefs
- Values
- Attitudes
- Mental models



Tacit Knowledge

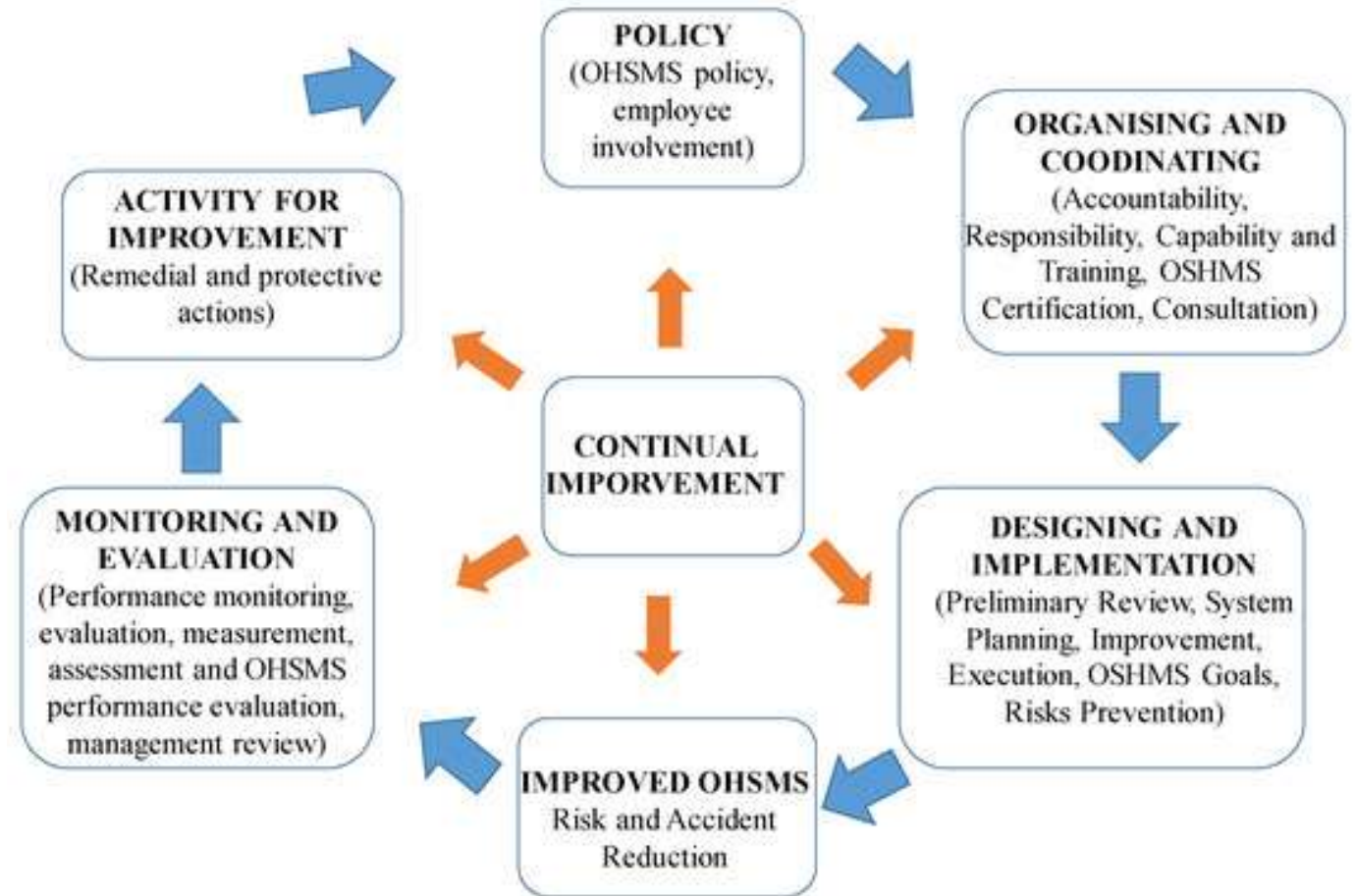
Knowledge that is difficult to express with precision such that it is best learned with direct experience.

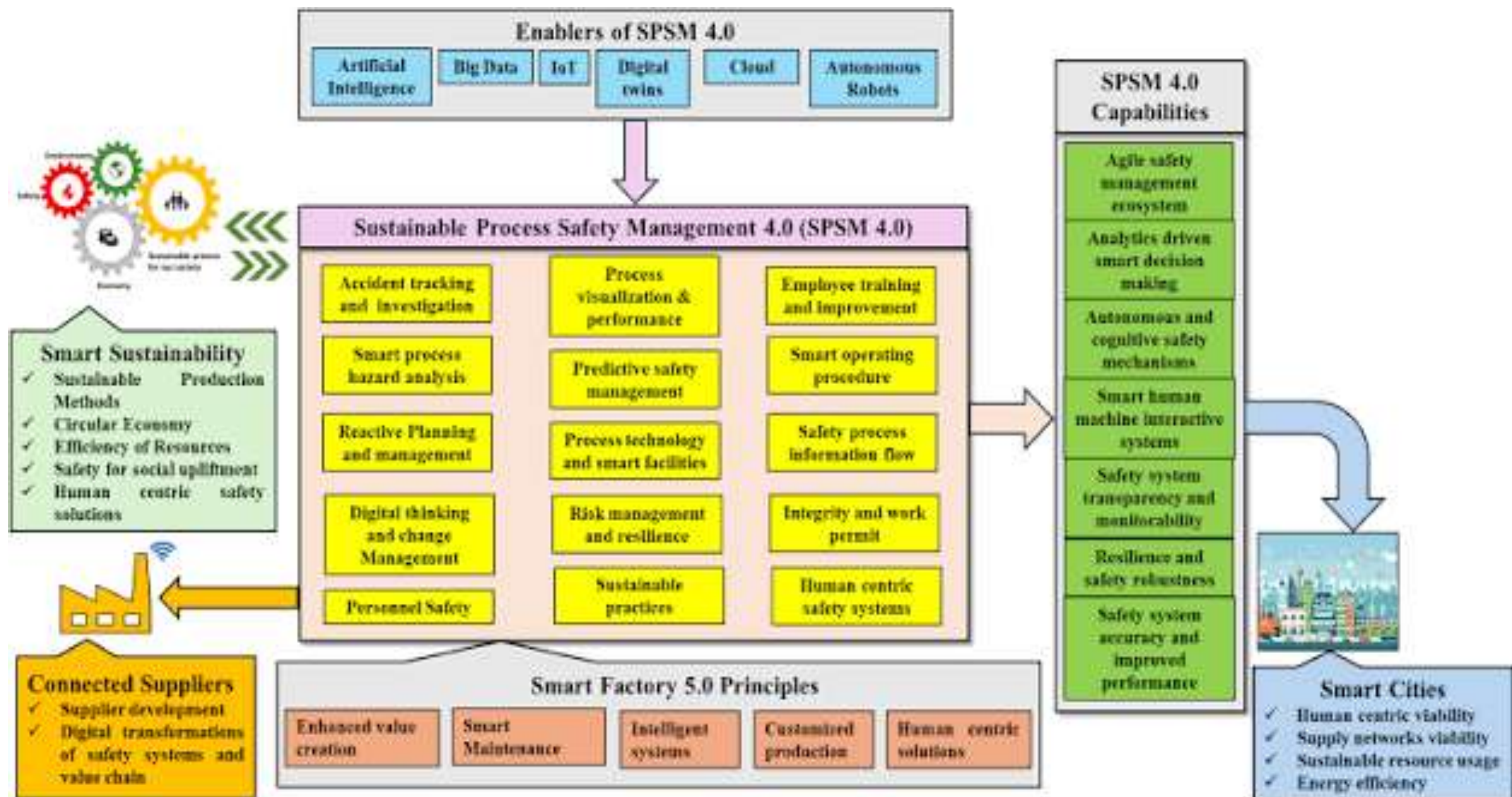
Arts	Cooking	Crafts
Customer Service	Decision-Making	Leadership
Musical Instruments	Negotiation	Performance Arts
Problem-Solving	Riding a Bicycle	Sailing
Social Abilities	Sports	Teaching

Simplifiable

Dynamic Knowledge Representation

- ❖ Solution: AI-driven knowledge capture from field reports
- ❖ NLP techniques identify hidden trends in safety observations
- ❖ Creates a dynamic "source of truth" accessible to all engineers





Case Study – Digital SME for Operations

- ❖ Challenge: Few Subject Matter Experts (SMEs), overwhelmed by turnover and onboarding
- ❖ Solution: "Digital SME" available 24/7
- ❖ Operators review and practice procedures before performing them
- ❖ Impact: Reduced equipment-specific incidents due to procedure execution errors

S.A.F.E.T.Y. THE FOUNDATION OF WORKPLACE SAFETY



S – Set the Standard

Establish clear safety rules, procedures, and expectations for all employees. Leadership must define what "safe work"



A – Act Safely

Implement safe practices consistently. Safety is not just a rule – it's a behavior and a culture in daily tasks.



F – Follow Up

Regularly inspect, monitor, and verify that controls are working. Correct unsafe acts or conditions immediately.



E – Educate & Engage

Provide continuous safety training, awareness sessions, and engage employees in building a proactive safety culture.



T – Test the Controls

Evaluate the effectiveness of safety systems, emergency preparedness, and equipment functionality.



Y – Yes or No

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Always ask; "Is it safe?" If the answer is YES → proceed. If NO → stop, correct, and improve.

- ✓ SAFETY is not a choice — it's a commitment.
- ✓ When we educate, act, and take responsibility, we ensure everyone goes home safe.



Modern Safety Management

Occupational
Safety

**Process
Safety**

Behavior
Based Safety



**Manegement
Commitments**

Leadership,
Resources,
Compliance,

**Process Hazard
Analyses:**

HAZID, HAZOP, SIL,
LOPA, FEGS, Bow-
Tie, QRA, ...

**Process Risk
Managements**

Training & KPI;
Design & Review,
Mechanical Integrity,
...

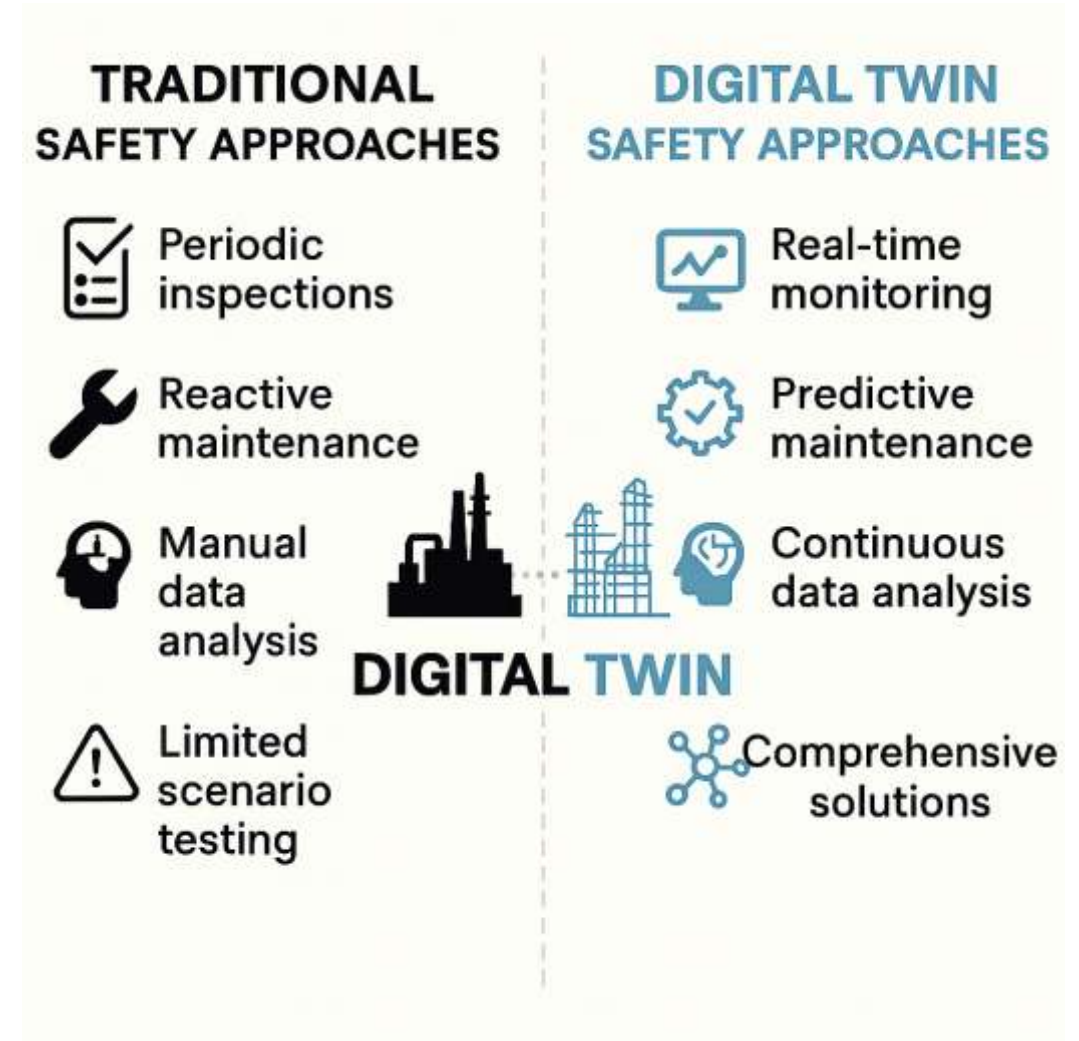
**Comtinuous
Improvements**

Process Knowledge,
Audit & Correction,
Metric &
measurement.

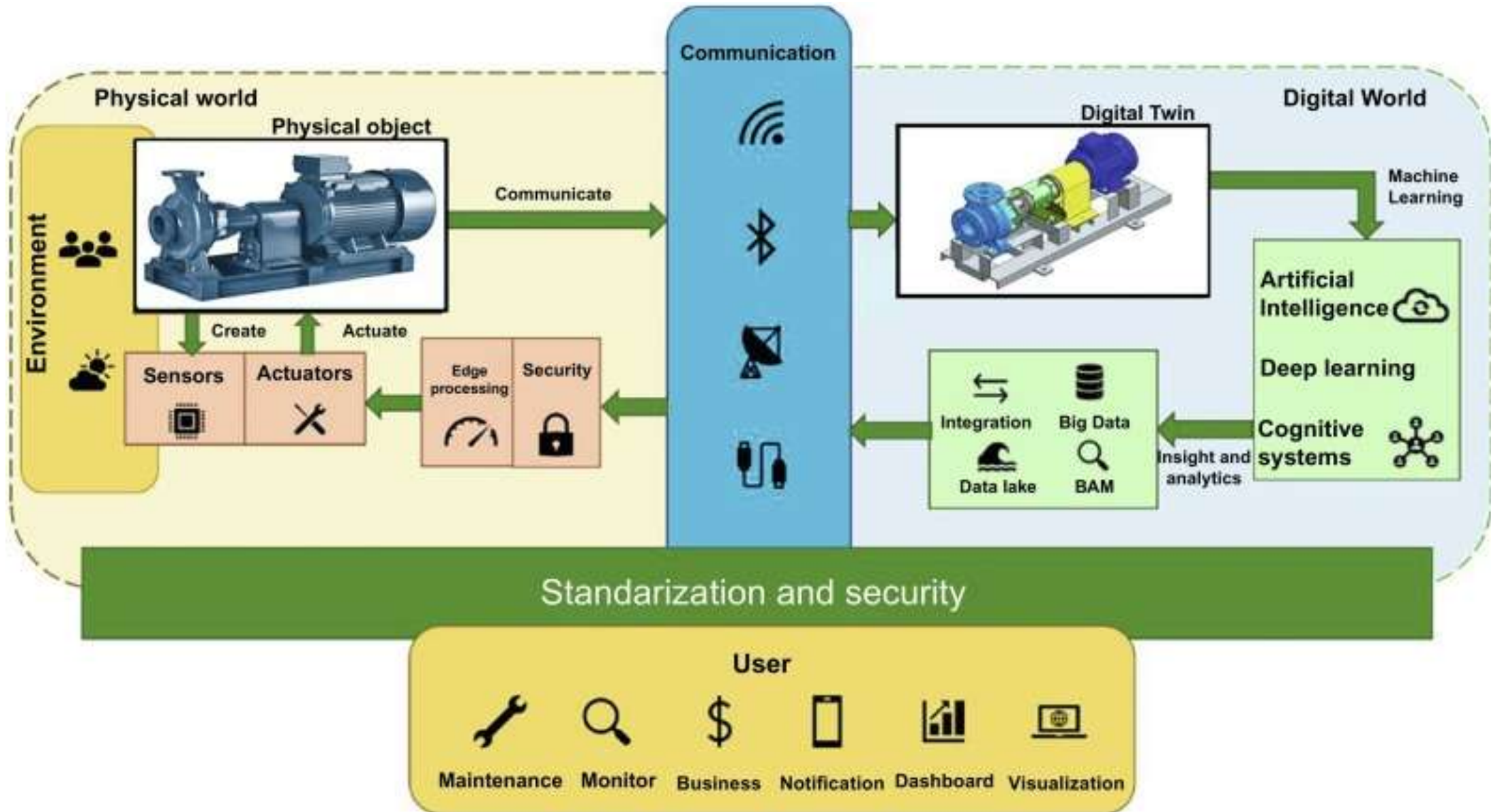
SECTION 3: Strategy Pillar 2 – Digital Twins & Contextualization

Digital Twins for Safety Visualization

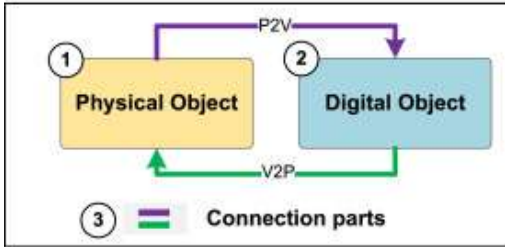
- ❖ Digital Twins bridge the gap between data and understanding
- ❖ Link historical incident reports directly to assets in 3D models
- ❖ Engineers "click" on equipment to see full safety history



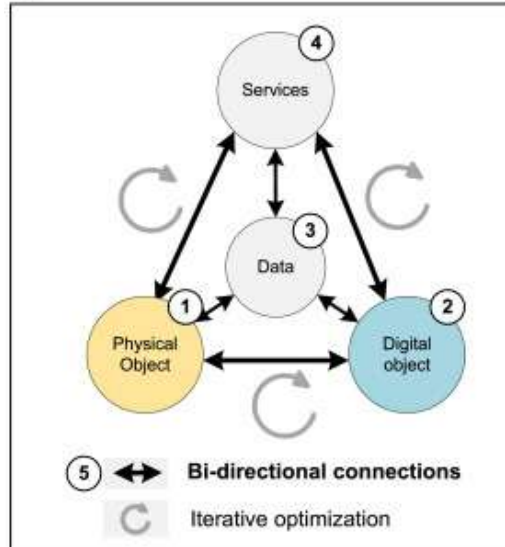
Use of digital twins for process safety management



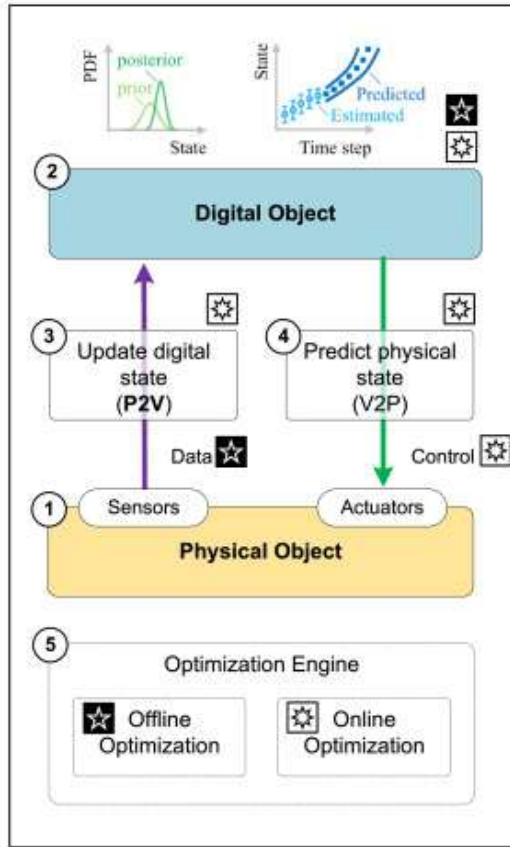
a. Three-dimensional model



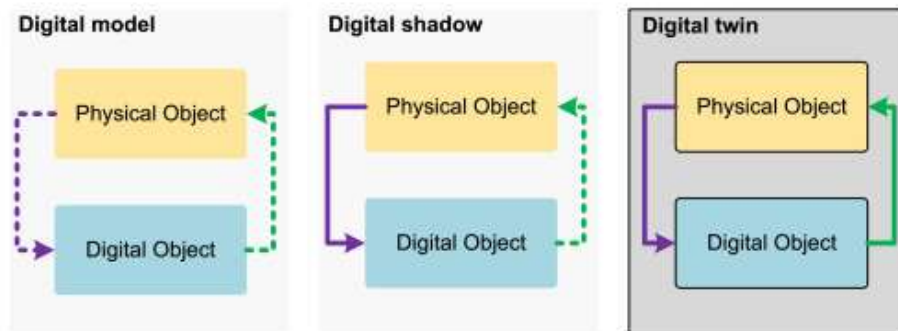
b. Five-dimensional model

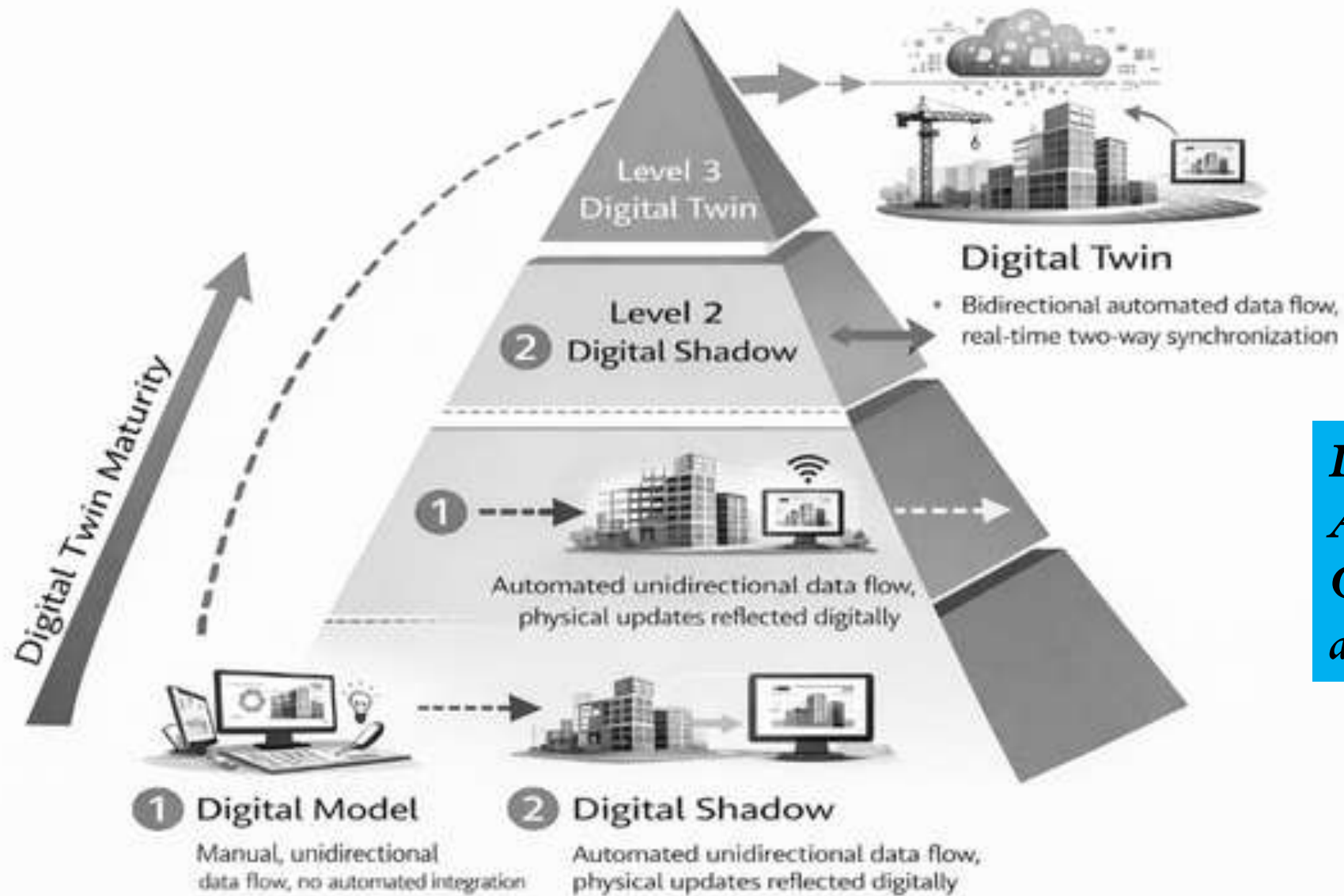


c. Five-dimensional model

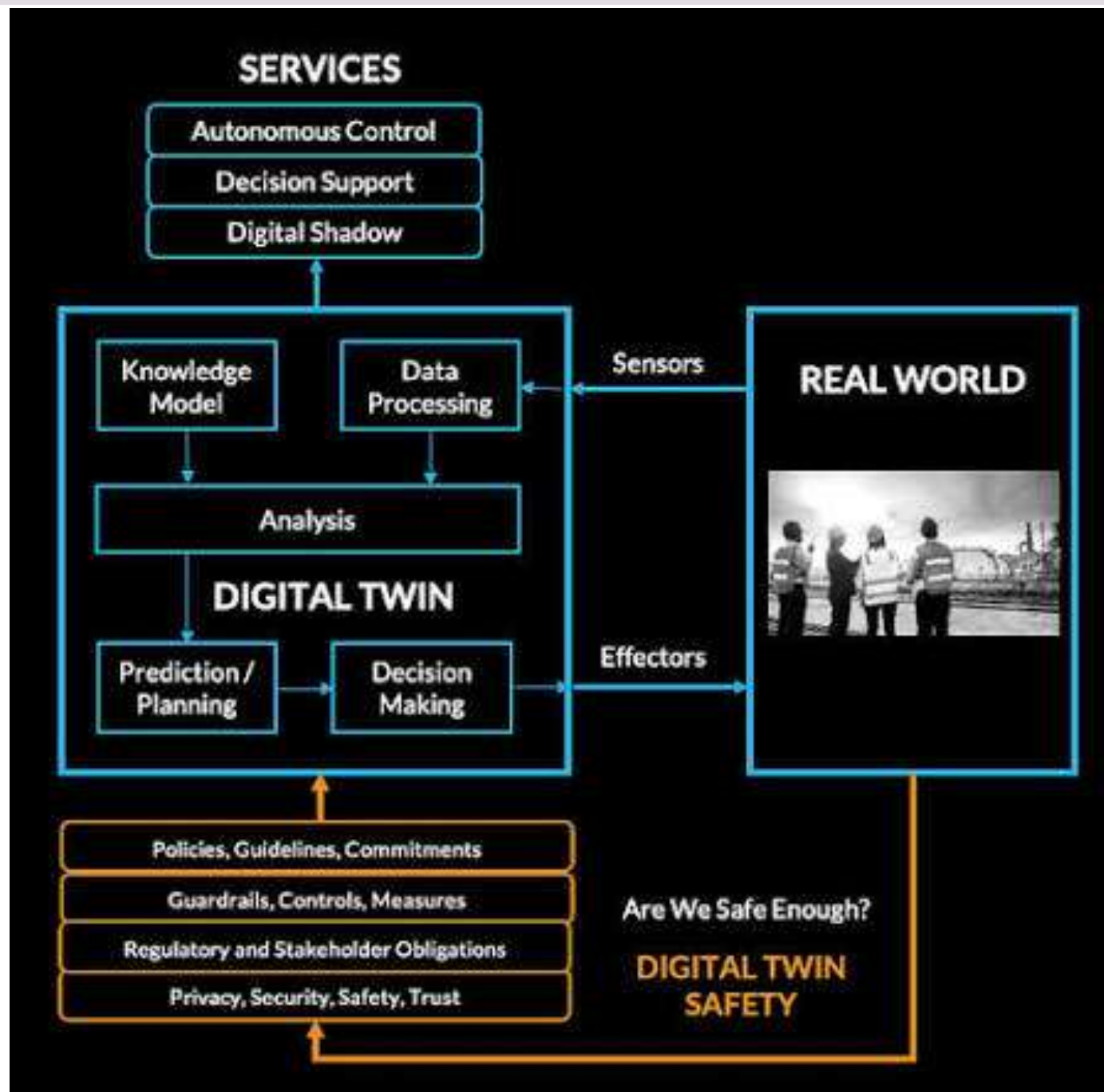


Digital twins in safety analysis, risk assessment and emergency management



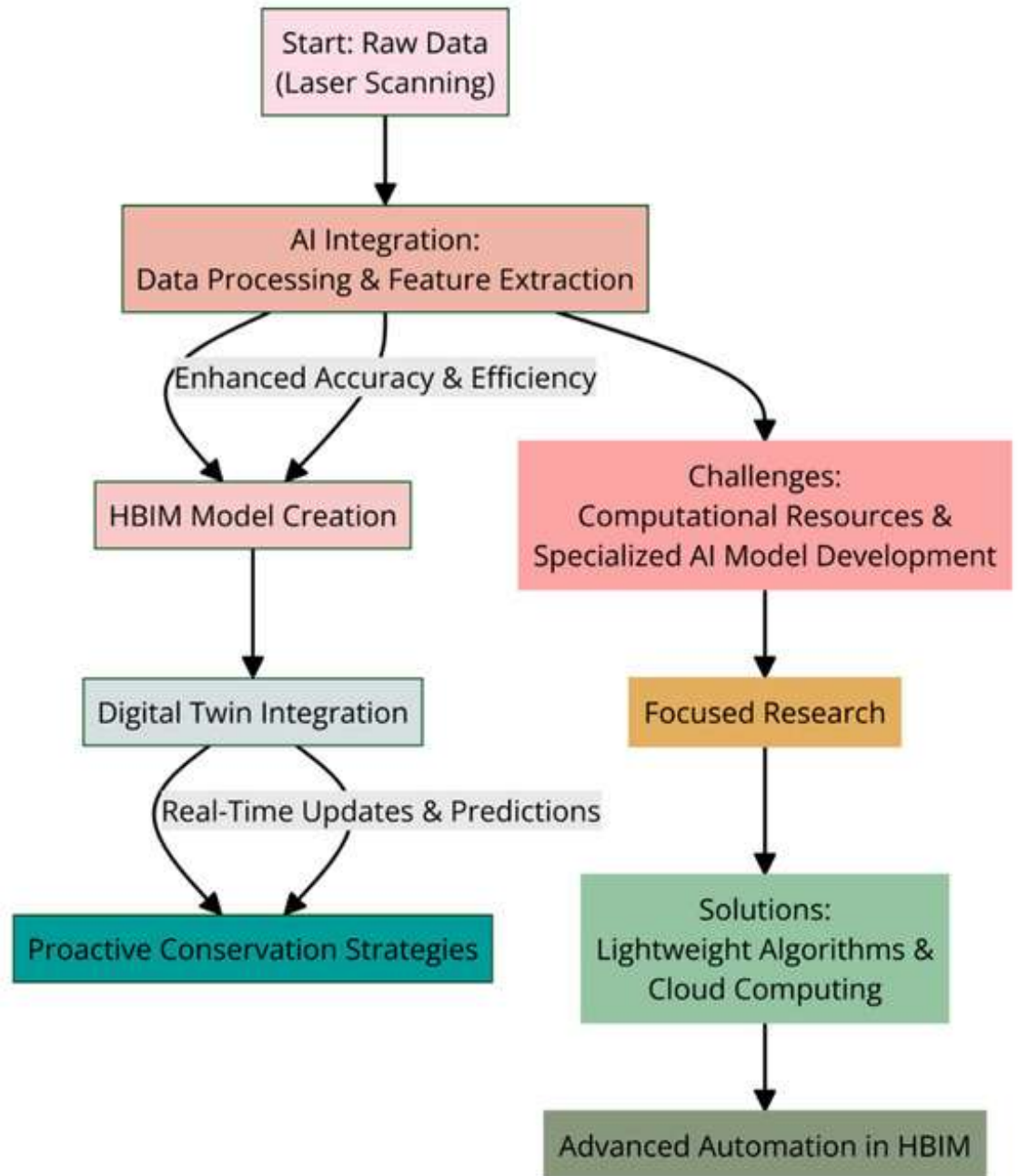


Digital Twins Across the Asset Lifecycle: Technical, Organisational, Economic, and Regulatory Challenges

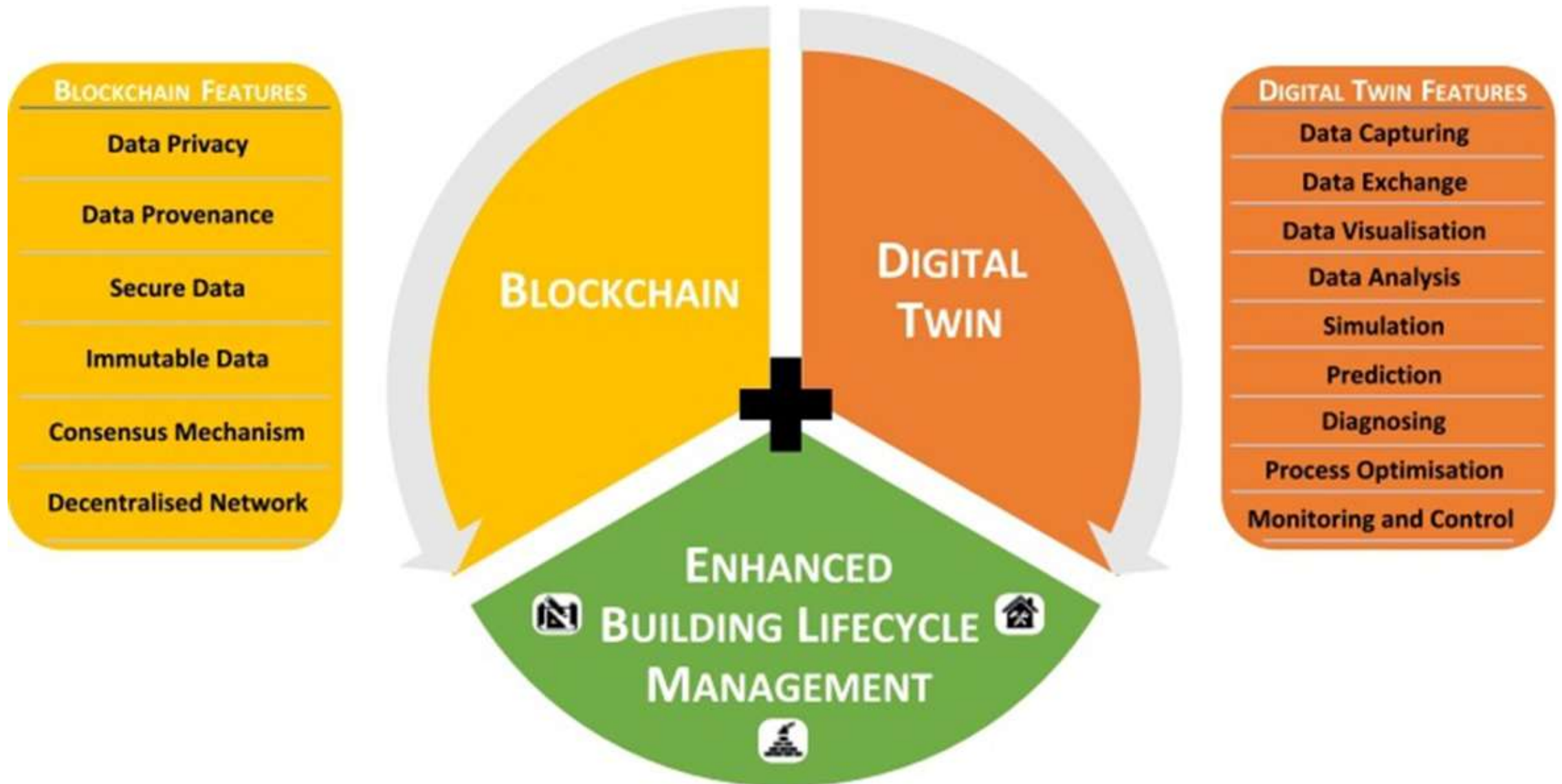


Knowledge Graphs for Safety Intelligence

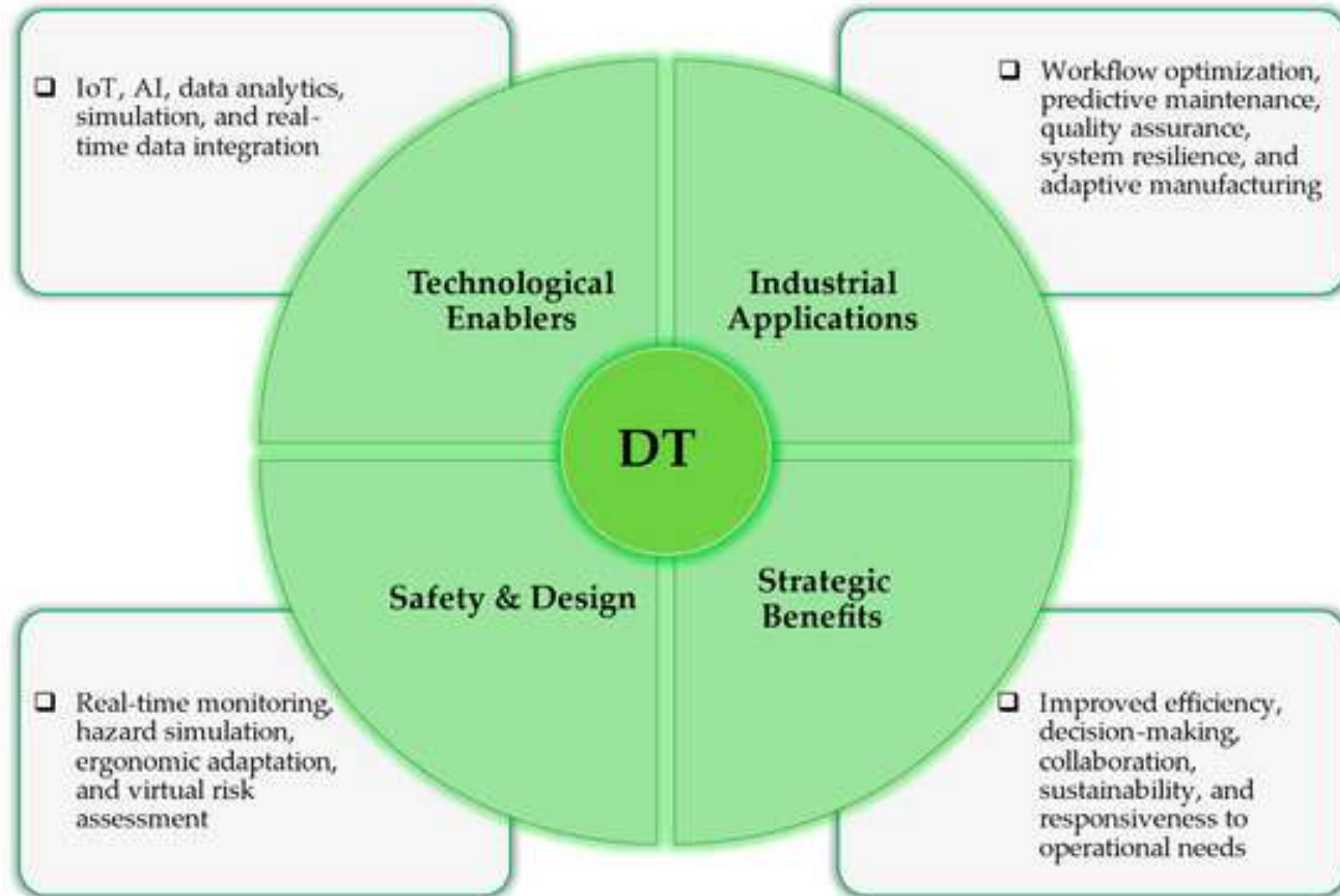
- ❖ Knowledge Graphs encode relationships between safety concepts
- ❖ Combines SME expertise with AI techniques
- ❖ Uncover latent threats and guide optimal decision-making



Digital Twins and Blockchain technologies for building lifecycle management

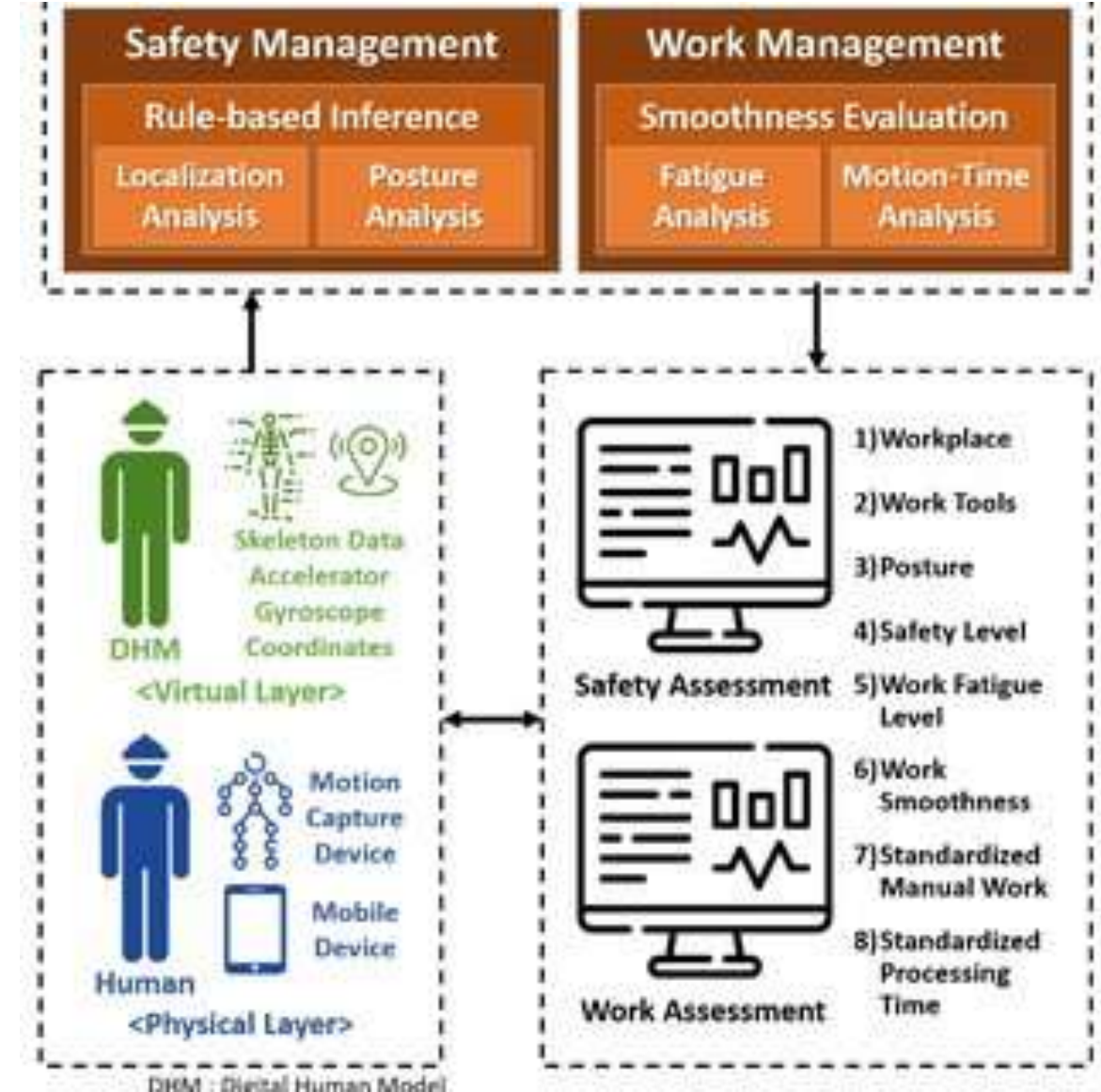


Exploring the Role of Digital Twin and Industrial Metaverse Technologies in Enhancing Occupational Health and Safety in Manufacturing



Phast CFD & Risk Modeling

- ❖ Advanced consequence modelling bridges empirical and CFD approaches
- ❖ Phast CFD integrates 3D geometry modeling with ease of use
- ❖ Enables accurate fire, explosion, and dispersion modeling



SECTION 4: Strategy Pillar 3 – Breaking Down Silos

The Silo Problem

- ❖ Most incidents occur at interfaces between disciplines
- ❖ Cross-domain knowledge extraction is difficult
- ❖ Information is siloed in proprietary formats

PROCESS SAFETY INFORMATION (PSI)

Interlink in Process Safety Management



Accurate PSI – The Foundation for Every Safe Decision

*Process Safety Information
Ensures Safe Operations*

Knowledge Silos: What Are They and How To Avoid Them?

Breaking Down Knowledge Silos

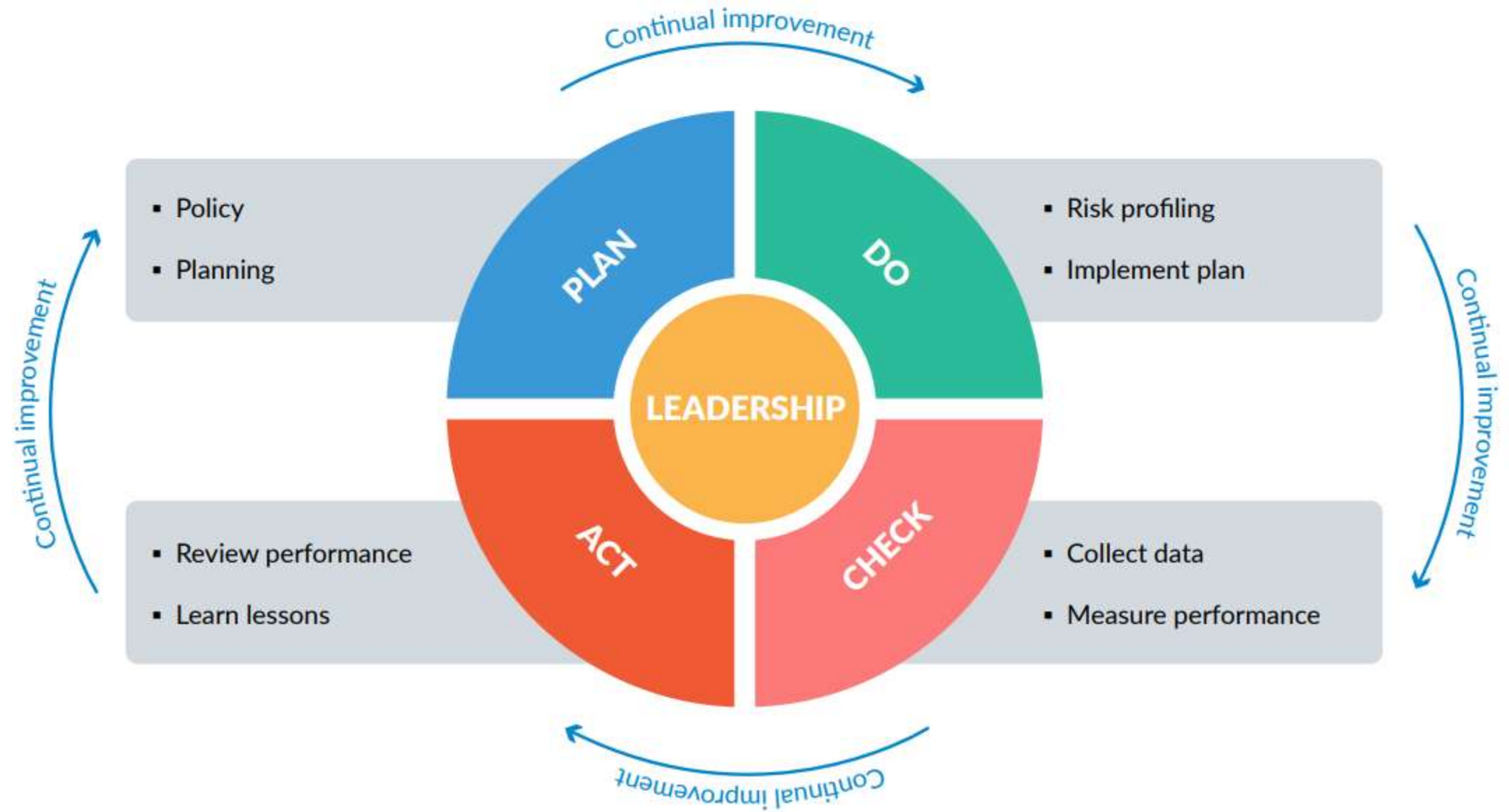


Cross-Functional Collaboration

- ❖ Cross-Functional Safety Squads on major projects
- ❖ Shared "Project Wikis" for multidisciplinary updates
- ❖ Rule: No design change without multidisciplinary digital sign-off

Collaborative Learning Models

- ❖ Learning-by-doing approach for safety and maintenance training
- ❖ Adapts to different backgrounds: "digital natives" vs. "digital immigrants"
- ❖ Mutual collaboration improves weaknesses on both sides

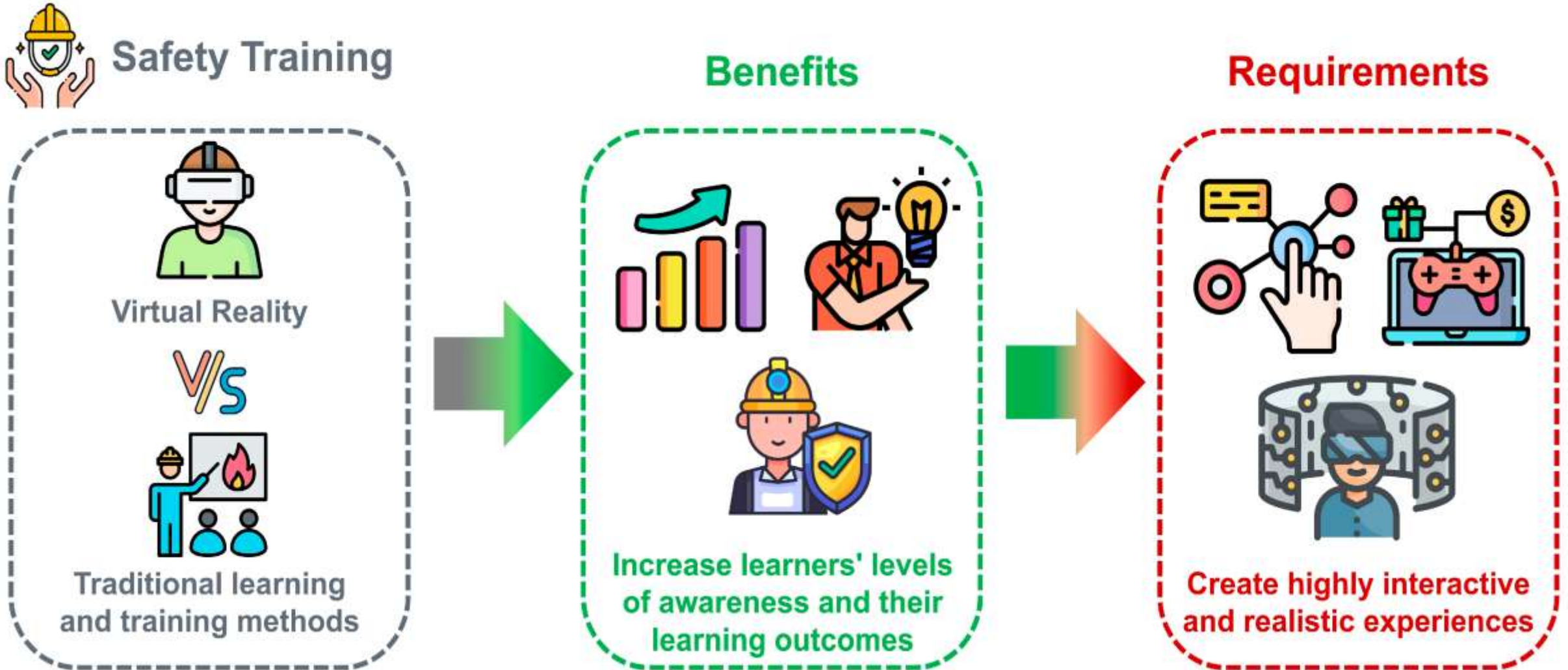


SECTION 5: Strategy Pillar 4 – Immersive & Gamified Learning

Immersive Virtual Experiments

- ❖ IVE (Immersive Virtual Experiment)
for safety training
- ❖ Students practice equipment isolation
in VR before physical execution
- ❖ Result: Better visualization and
understanding of safety steps

Examining the Role of Augmented Reality and Virtual Reality in Safety Training





Rapid Risk Assessment in Industry: Increasing Awareness of Worker Safety in Industrial Activities

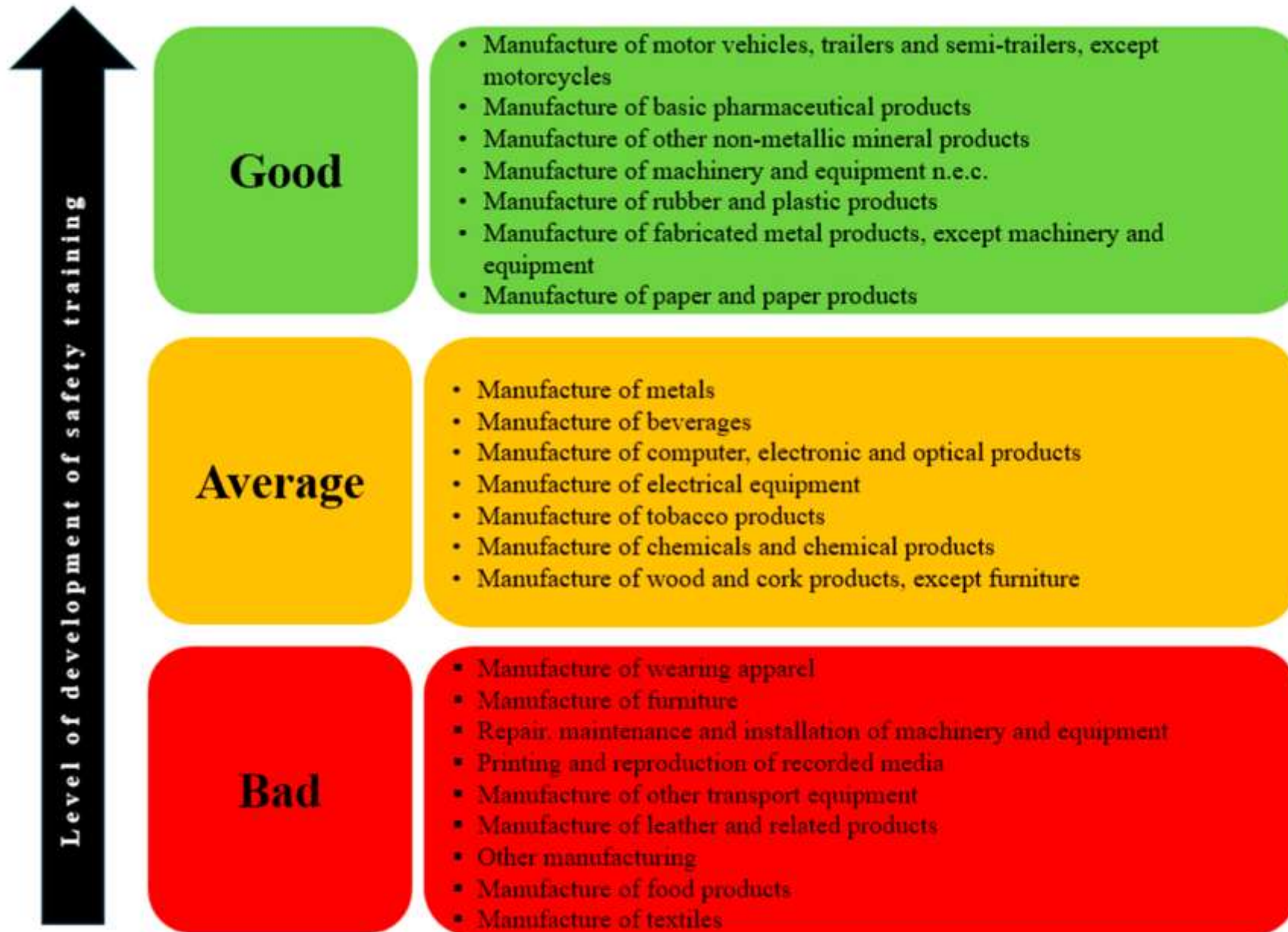
Gamification for Engagement

- ❖ Shift from annual compliance training to daily bite-sized challenges
- ❖ Reward engineers for identifying and sharing near-misses
- ❖ Leaderboards foster healthy competition



Active Learning Effectiveness

- ❖ Active learning strategies outperform traditional lectures
- ❖ Cooperative learning activities increase engagement
- ❖ Simulation-based learning improves knowledge transfer

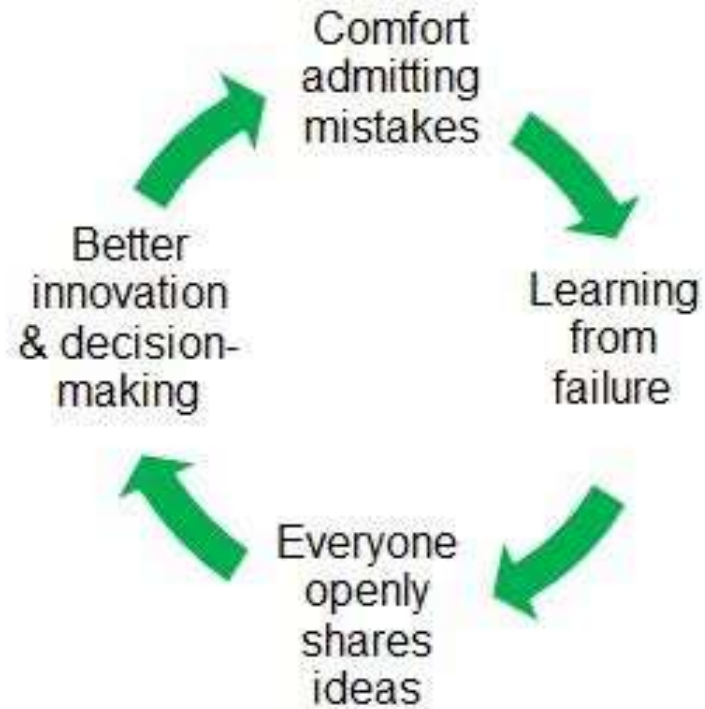


Modern Technologies in Occupational Health and Safety Training: An Analysis of Education, Innovation, and Sustainable Work Practices in Industry

Psychological Danger



Psychological Safety



***Psychological Safety
in the Modern
Workplace –
Touchscreen Talent
Recruitment***

Knowledge Transfer Results

- ❖ Survey findings: Students felt more prepared to transfer learning to physical setups
- ❖ IVE enabled visualization and understanding of safety steps
- ❖ Plans to expand immersive technology across curriculum

HUMAN FACTOR IN SAFETY

We can have the most advanced protective equipment and the strongest procedures, but the reality is:



80%

of workplace accidents are linked to human behavior.

From my field experience, the solution is not only in procedures and technology, but in shaping behavior and building a strong Safety Culture:

- Regular training focused on safe behavior
- Encouraging workers to report hazards without fear
- Leading by example at all management levels

Safety starts in the mind before it starts with equipment.

TOOLBOX TALK BEHAVIOR BASED SAFETY (BBS)

WHAT IS BBS?

Behavior Based Safety means looking at **OUR ACTIONS** on the job.



WHY IT MATTERS

Maybe you worked unsafely 10 times and nothing happened. But accidents don't warn us. Next time could be serious.



SIMPLE EXAMPLES



WHAT WE ALL MUST DO

- Watch your own actions. Ask: "Am I working safely?"
- Remind your brother. If you see unsafe behavior, say: "Brother, please wear your helmet"
- Accept correction. If someone corrects you, don't feel bad. It means they care about your safety.

CLOSING MESSAGE Tools, machines, and site conditions are important, but the most powerful safety tool is **OUR BEHAVIOR**. If we work safe, we go home safe.

BEHAVIOUR BASED SAFETY

Think Safe, Work Safe

UNSAFE BEHAVIOURS

- ✗ Not wearing PPE
- ✗ Taking shortcuts
- ✗ Ignoring procedures
- ✗ Overconfidence

SAFE BEHAVIOURS

- ✓ Wearing correct PPE
- ✓ Following procedures
- ✓ Using tools properly
- ✓ Communicating hazards



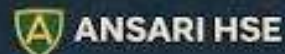
Examples of Unsafe Behaviours

- ✗ Not wearing PPE
- ✗ Taking shortcuts
- ✗ Ignoring procedures
- ✗ Overconfidence

Examples of Safe Behaviours:

- ✓ Wearing correct PPE
- ✓ Following procedures & PTW
- ✓ Using tools properly
- ✓ Communicating hazards

SAFETY IS A CHOICE YOU MAKE



SAFETY

WHAT IS SAFETY?



Safety means taking action to prevent harm, injury, or damage to people, property and environment.

SAFETY IS NOT JUST A RULE, IT'S A WAY OF LIFE.

— WHY IS SAFETY IMPORTANT? —



PROTECTS LIVES
Keeps you and others safe from injuries and accidents.



SUPPORTS FAMILIES
Your safety ensures happiness and security of your loved ones.



IMPROVES PRODUCTIVITY
A safe environment helps in better focus and performance.



PROTECTS PROPERTY & ENVIRONMENT
Prevents damage to equipment, materials and our planet.



BUILDS A POSITIVE CULTURE
Creates trust, responsibility and a respectful workplace.

SAFE BEHAVIOR STARTS WITH YOU



FOLLOW RULES
Always follow safety rules and procedures.



BE ALERT
Stay aware of your surroundings and potential hazards.



USE PPE
Use the right personal protective equipment for the job.



SPEAK UP
Report unsafe acts or conditions. Your voice can prevent accidents.



CARE FOR OTHERS
Look out for your colleagues and help keep them safe.

SAFETY PLEDGE

“ I pledge to work safely, follow rules, care for others and protect lives, every day, in every way. ”

TOGETHER, WE CAN MAKE OUR WORKPLACE 100% SAFE



SAFETY IS EVERYONE'S RESPONSIBILITY. WORK SAFE, GO HOME SAFE.



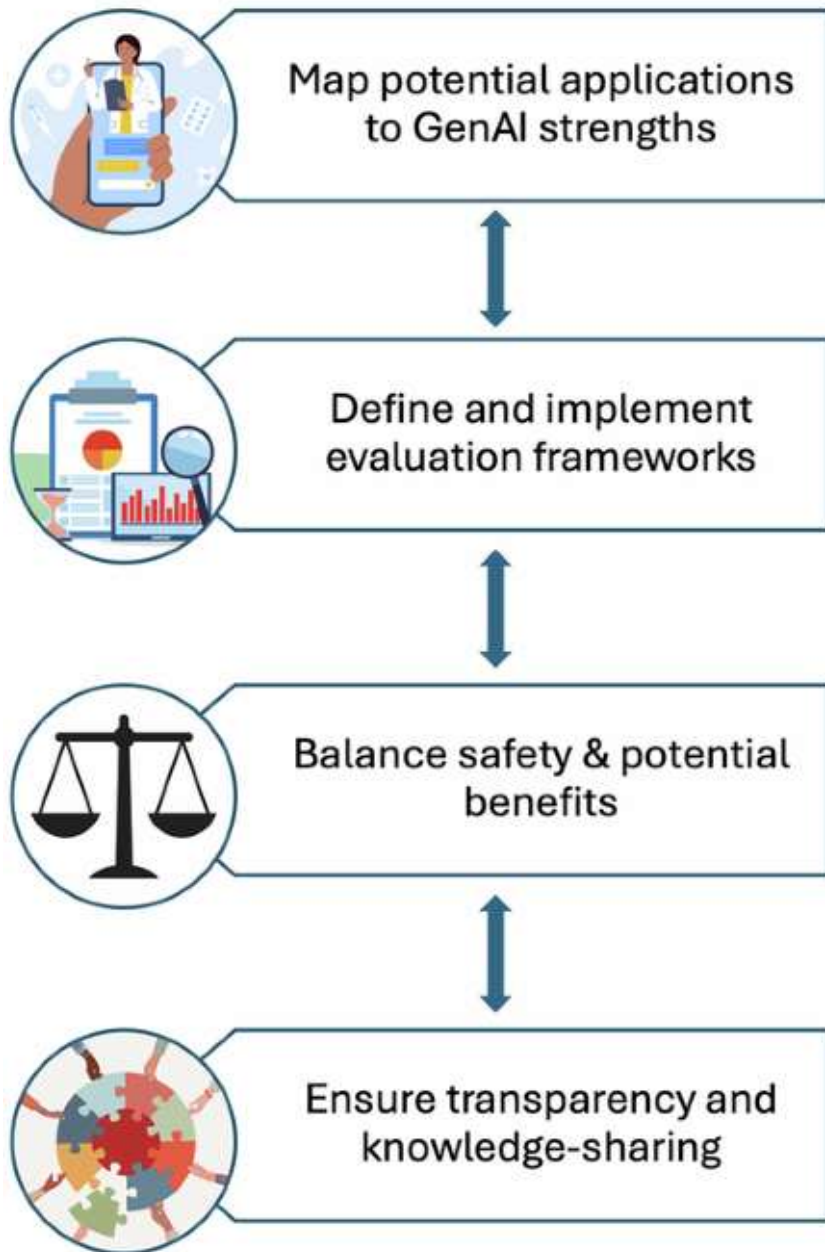
SAFETY FIRST ALWAYS FIRST

SECTION 6: Strategy Pillar 5 – AI-Powered Knowledge Systems

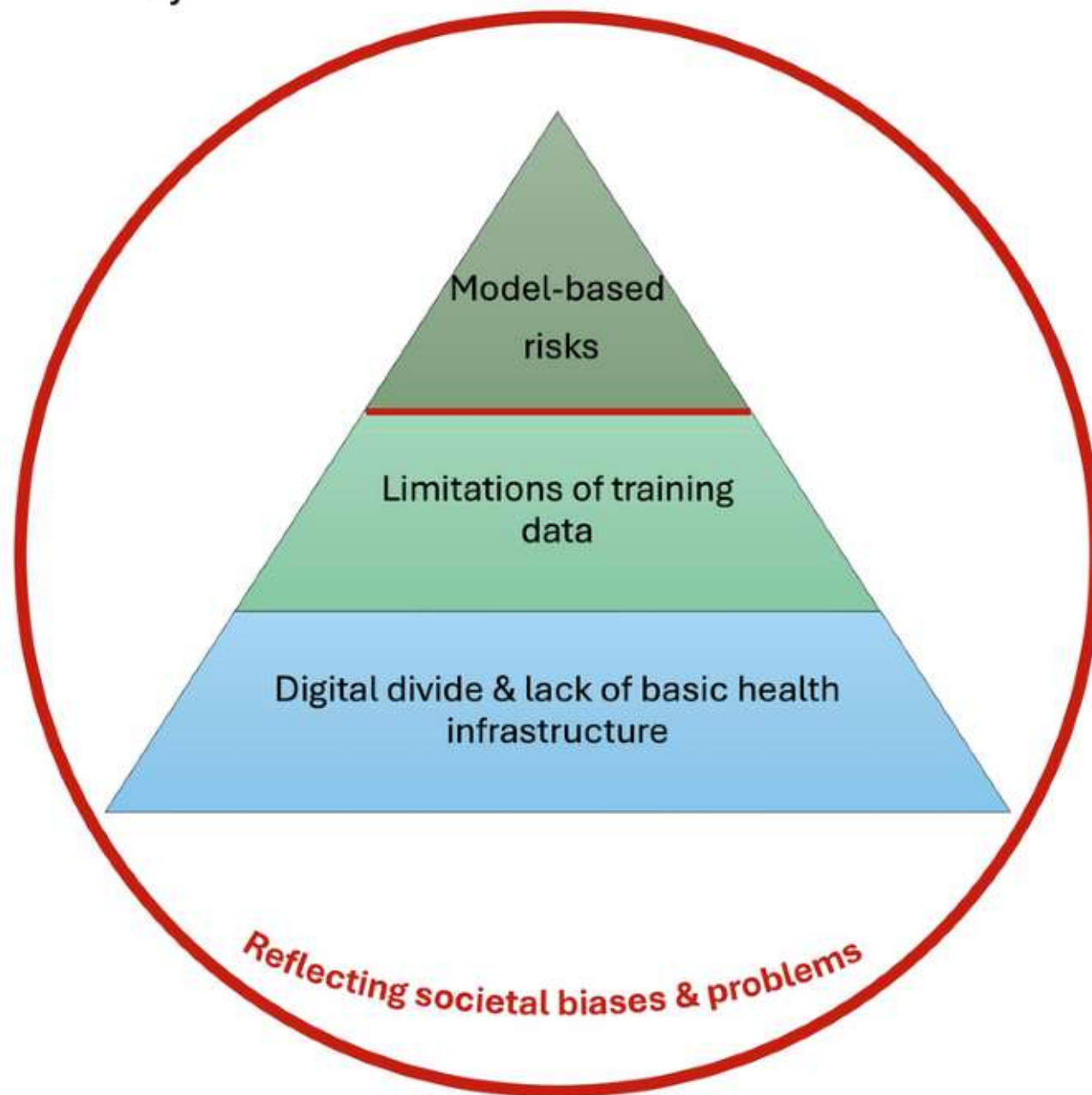
AI Large Models for Safety Q&A

- ❖ Traditional methods: low efficiency, insufficient accuracy
- ❖ Solution: AI large-model-based Q&A system
- ❖ Combines knowledge graphs + RAG (Retrieval-Augmented Generation)
- ❖ Result: Rapid response to complex safety queries

Key Principles



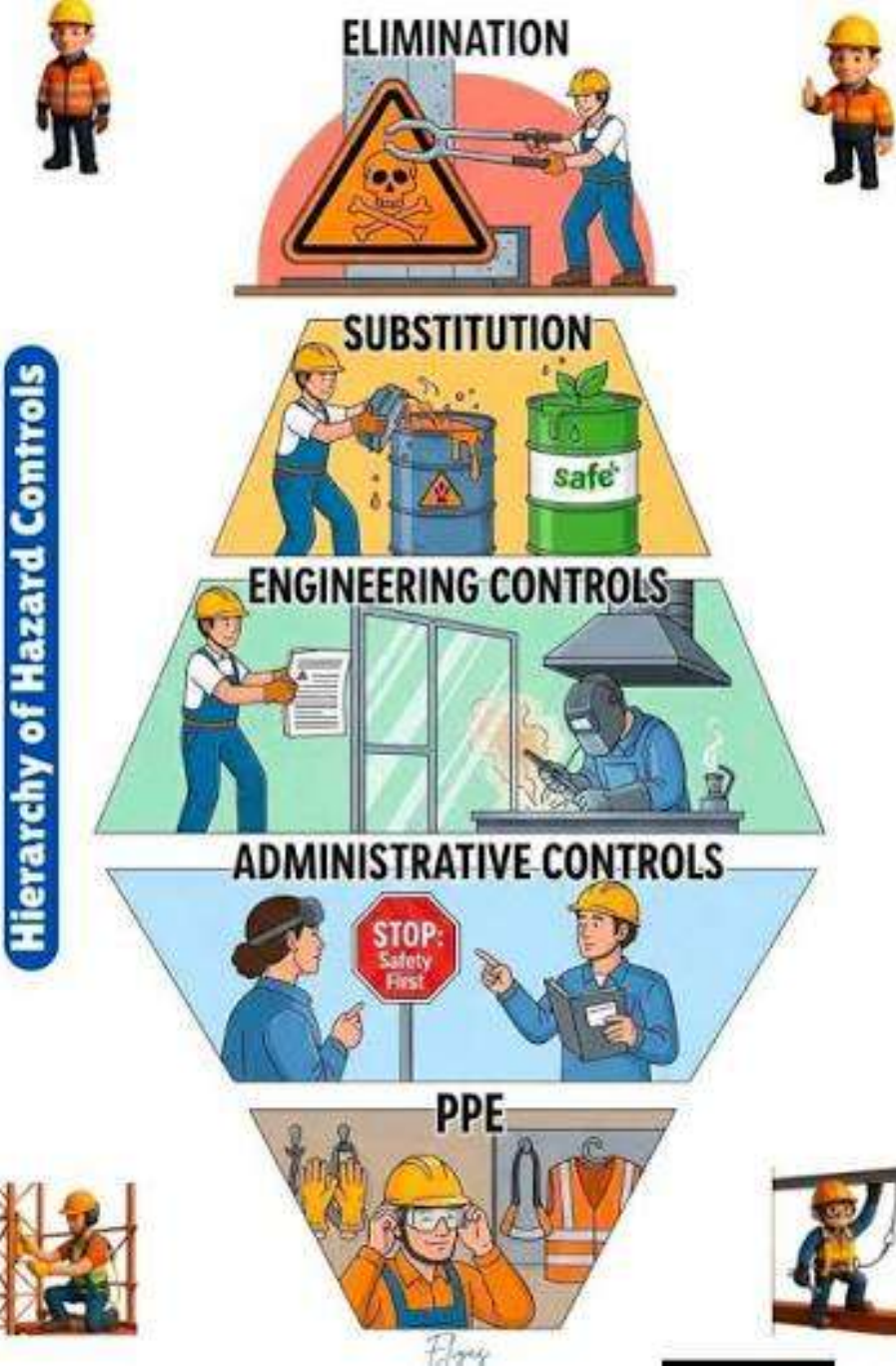
Key Risks



AI for HAZOP Automation

- ❖ Long-term goal: HAZOP automation and augmentation
- ❖ GPT techniques applied to curated, proprietary engineering datasets
- ❖ Predicts initiating events and consequences based on training data





AI Education for Safety Professionals

- ❖ Challenge: Most safety professionals lack formal AI education
- ❖ Solution: Graduate courses on AI for workplace safety
- ❖ Covers: machine learning, deep learning, LLMs, computer vision, VR
- ❖ Students propose AI-based solutions to real-world safety risks

What is Safety Culture?



Are You Ready for AI-Based Safety Video Monitoring?



Building a Strong Safety Culture – Step by Step



Everyonee looks out for each other; safety becomes a shared value
Focus: peer-to-peer coaching, cross-department safety collaborato



Conclusion

Framework Summary & Implementation Roadmap

The 5-Pillar Framework:

- ❖ Capture: Tacit knowledge to dynamic databases
- ❖ Contextualize: Data mapped to Digital Twins & Knowledge Graphs
- ❖ Collaborate: Cross-functional teams & learning-by-doing
- ❖ Learn: Immersive VR & gamified active learning
- ❖ Retrieve: AI-powered knowledge Q&A & HAZOP augmentation

Q&A Session

Suggested Discussion Questions:

1. "What is the one piece of safety knowledge you wish you could access instantly?"
2. "What barriers to knowledge sharing exist in your organization?"
3. "How might AI tools like knowledge Q&A systems change your daily work?"

Recommended Supplementary References (for further reading)

These references from the search results provide additional depth:

- **Forcina, A. et al.** "The role of Industry 4.0 enabling technologies for safety management: A systematic literature review." *Procedia Computer Science*, 180: 436.
- **VanDerHorn, E. & Mahadevan, S.** "Digital Twin: Generalization, characterization and implementation." *Decision Support Systems*, 145, 113524.
- **Agnusdei, G.P. et al.** "A classification proposal of digital twin applications in the safety domain." *Computers & Industrial Engineering*, 154, 107137.
- **Culot, G. et al.** "Behind the definition of Industry 4.0: Analysis and open questions." *International Journal of Production Economics*, 226, 107617.

